

Saint James Church
2607 27 St
Vernon, BC V1T 4W1

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC

St. Benedict's
Head of the Lake Rd
Vernon, BC

St Theresa's Church
15 Royal Rd
Vernon, BC

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

Mass Times
10:30 am Sunday

Mass Times
12:00 pm Sunday
1st, 3rd and 5th Sunday

Mass Times
12:00 pm Sunday
2nd & 4th Sunday

Mass Times
5:30 pm Saturday
9:30 am Sunday

4TH SUNDAY OF LENT

MARCH 30, 2025

THE MONTH OF MARCH IS DEDICATED TO ST. JOSEPH



St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am 4:00-4:45 pm
Eucharistic Adoration	Mon -Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

SACRAMENT OF BAPTISM

Please contact the Parish Office [at least 6 WEEKS prior](#) to your requested date to ensure time for your preparation.

SACRAMENT OF MARRIAGE

In preparation for your marriage celebration at the Catholic Church, please contact the office [at least 6 MONTHS prior](#) to your requested wedding date.

Easter Mass Schedule

	Holy Thursday	Good Friday	Easter Vigil	Easter Sunday
St. James	7:00 pm	3:00 pm	7:00 pm	8:30 am
				1:00 pm
OLOV		12:00 noon		10:30 am
St Benedict				12:00 noon
Sacred Heart	7:00 pm	3:00 pm	8:00 pm	9:30 am

Notes/Reminder

- April 06—1st Sunday of the month—Food for the Poor & Jubilee Prayer
- April 06—KofC—Pancake Breakfast after 8:30 mass
- **April 10—Lenten Confession—6:30 pm St James**
- April 11—KofC “Fish Fry” tickets available at the office and at both churches (after the weekend mass)
- April 12—MINI PILGRIMAGE—mass 9am—St James
- April 19—**Blessings of Easter Basket** Holy Saturday—St James-10:30am

OFFICE

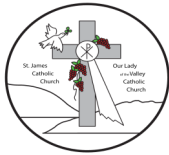
Telephone:	250-542-1276	www.rccv.org
Email:		stjamesvernon@rcdk.org
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

Pastor	Rev Fr Peter Nguyen frpeter@shaw.ca	250-542-1276
Parochial Vicar	Fr Henry Nwaimo Sacred Heart, Lumby and St Benedict/St Theresa	250-214-4060 250-547-9070
Permanent Deacon	Deacon Paul Murphy	778-212-2020 (call or text)
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



Mission Statement: United in the Eucharist to love and serve.

Vision Statement: Inspired by the Spirit to:
-know our faith and vocation
-serve the needs of others
-welcome new parishioners into our faith community
-share our excitement about Jesus

Pope Francis' Prayer Intention for March

For the families in crises—Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

MASS INTENTIONS—March 31—April 6

March 31	Mon	8 am SJ	Margaret I. Kennedy	RIP
April 01	Tues	8 am SJ	Pro-life Against Abortion	INT
April 02	Wed	8 am SJ	Leo Hughes' children	INT
April 03	Thurs	8 am SJ	Private Intentions	INT
April 04	Fri	8 am SJ	Marcus Novel	RIP
April 05	Sat	9 am SJ	Andrew & Anne Peti	RIP
		5 pm SJ	Bodo Niedballa	RIP
April 06	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7:00 pm SJ	Norma Rosales & family	INT

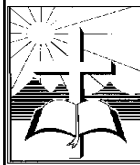
PARISH MINISTRIES

CWL (St James)	7:00 pm Tues (April 08, 2025)
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KOC (St James)	Council 4949: www.facebook.com/kofc4949
KOC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	David Evans, Deanna Johnstone, Michael Flahiff Eric Hoffbauer, Lorena Clowes Email:
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence Email:
Parish Pastoral Care Ministry	Contact the Parish Office Email: stjamesvernon@rcdk.org

Funeral/Prayer Services



Edgar Wolf—Funeral April 10 @ 2 pm—OLOV
Edward Poirier—Funeral, April 11 @ 9:30 am—SJ
Ann Jubenvill—Prayer, April 25 @ 6pm—OLOV
Funeral, April 26 @ 11 am—OLOV



Next Sunday's Readings:

April 06, 2025

Isaiah 43.16-21

Ps 126.1-2a, 2b-3, 4-5-6 (R.3)

Philippians 3.8-14

John 8.1-11



SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

12. St. Vencent de Paul would make a Holy Hour asking the Lord blessings on important business transactions and, afterwards, returned to thank the Lord. (St. Vincent de Paul)

Quote from St. John Vianney

"Was Jesus Christ afraid of being laughed at?"



Sunday Offertory - March 23

St James \$ 3,084

OLOV \$ 1,818

St Benedict \$ 65

Thank you for your generosity.



Confession or Communion to the Homebound

If you are homebound and desiring to receive communion or the Sacrament of Reconciliation, please call the parish office at 250-542-1276 or email stjamesvernon@rcdk.org to request a visit.



PASTORAL CARE MINISTRY

If you are in the hospital or in the homes and are Roman Catholic, please insure you or a family member contacts the office at 250-542-1276 or email at stjamesvernon@rcdk.org to ensure that you will be visited by the Priest or the Pastoral Care Team.

HOLY DOOR Mini PILGRIMAGE
ST. JAMES CHURCH
Saturday, April 12, 2025 at mass 9am

Together with St. Joseph's—Salmon Arm, Sacred Heart—Lumby, St. Joseph's—Armstrong, St. Ann's—Enderby, Our Lady of the Valley—Coldstream, St. Benedict's—Head of the Lake and all the surrounding Catholic Churches in the Diocese of Kamloops will be have a Mini Pilgrimage at St. James Church—Vernon.

Filipino Foods will be served after the mass, by **DONATION.**

Open House—Our Lady of the Valley

April 07, 2025 at 7:00 pm

You're invited! Come out and meet the Team of people who have been working on a New Catholic School to replace the aging St. James School and hear about the progress the Team has made toward this project. We will be showing renderings of the proposes school and answering your question.

Catholic Book Club

We will meet on Wednesday, April 2 to discuss the Introduction and Week 1 of **33 Days to Morning Glory** by Michael E. Gaitley. Meet at 9 am in the Monsignor Miles Hall in the St James church basement.

STATION OF THE CROSS

Please join us for Stations of the Cross will be held every Friday during Lent at 7:00 pm St. James Church.

All Are Welcome!

Date	Ministry to lead
April 04	CWL—St James
April 11	CWL—OLOV



Knight of Columbus 4949 Pancake Breakfast

1st Sunday of the month—**April 06**. Come and join us at the **Parish Centre** after the 8:30 am mass at St James.

DIOCESAN ANNIVERSARY CELEBRATION SAVE THE DATE!

On Sunday June 22, 2025, Bishop Joseph Nguyen invites all to a Corpus Christi Mass starting at Riverside Park Bandshell with the Eucharistic procession following Mass to Sacred Heart Cathedral, Benediction, Sacred Display and BBQ Dinner in celebration of the 80th Anniversary of the Diocese of Kamloops.

More info to come!

Knight's of Columbus Council 12202 Annual Yard Sale—OLOV—May 17th

The Knights of Columbus are instrumental in organizing this fundraiser and are calling for donations to support the yard sale. If you have items you no longer need, we are happy to arrange pick-ups, or you can drop them off at the church before or after the 10:30 mass at the designated shed.

Every contribution helps us make a significant impact on the community.

Call Ron @ 778-915-7667 or email at patron1962@telus.net

A CONFIRMATION RALLY "A PILGRIM OF HOPE"

April 26, 2025 10:00 am to 4:30 pm

OLPH Parish Centre—635 Tranquille Road, Kamloops, BC

Kamloops Catholic Youth Group invites the candidates for confirmation to A Confirmation Rally.

To register or for more information please email Andy Cyr at kcyg@redk.org

Eucharistic Adoration of the Blessed Sacrament at St. James Church (9am—9pm Mon-Thurs)

Enhance your life by committing one hour a week as an adoror. We especially need adorors for these hours.

Tues 3-4 pm an 4-5 pm Wed. 12-1, 2-3pm and 6-7 pm
Thurs 12-1pm

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com.

Vernon Pro-Life Society—\$1500 Scholarship

Vernon Pro-Life Society is now accepting a scholarship application from Graduating Grade 12 students.

Email it to prolifescholarship@gmail.com or pick the form at the Pro-Life Store 3102-31 Avenue.

Deadline—May 12, 2025

LENTEN RETREAT 2025

**St. James—April 08, 09, 10
7:00pm—8:00 pm**

Fr. Henry Nwaimo will led us the **Lenten Retreat**.

The topic will be the 2025 Jubilee Year

"Pilgrims of Hope"

Everyone is encourage and are most invited to come.

OLOV Mass During Lent Season

The mass at OLOV during lent season is **every Friday at 11:00 am** followed by the Station of the Cross. All are welcome to join!



Remembering Vocations in your Lenten Devotions—2025

"God has not grown weary of us. Let us welcome Lent as the great season in which he reminds us: "I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery" (Ex 20:2). Lent is a season of conversion, a time of freedom. Jesus himself, as we recall each year on the first Sunday of Lent, was driven into the desert by the Spirit in order to be tempted in freedom. For forty days, he will stand before us and with us: the incarnate Son. Unlike Pharaoh, God does not want subjects, but sons and daughters." Pope Francis

Meditations

March 30—Fourth Sunday of Lent. "Today too, Jesus lives and walks along the paths of ordinary life in order to draw near the everyone, beginning with the least, and to heal us of our infirmities and illnesses. I turn now to those who are well disposed to listen to the voice of Christ that rings out in the Church and to understand what their own vocation is. I invite you to listen to and follow Jesus,..." We pray for priests to lead our celebration.

Share Lent—Second Collection—April 5/6, 2025

This Lent, please give generously

On Solidarity Sunday, Development and Peace—Caritas Canada's Turn Debt into Hope campaign invites you to give generously and thanks you warmly for your generosity.

Your donation transforms the lives of some of our most vulnerable sisters and brothers across the world.

Help create hope for and fulfil the dreams of the communities we support in the Global South by giving to your Share Lent parish collection or online at devp.org/give. Thank you for your solidarity.

Charity GOLF TOURNAMENT
3rd Annual
Fuel our Future Generation

CASH! **CARS!**

May 9, 2025
12pm Shotgun Start

\$425 / PAIR
\$850 / FOURSOME
(Includes gift, lunch, golf & buffet dinner)

JOIN US

A NIGHT AT THE
St. James Saloon

\$25 ENTRY
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Saturday
May 3rd
6:30pm to 11:00 pm

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Store hours - Monday to Saturday, 10am until 2pm

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Visit signup.formed.org and select our parish name.

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