

Saint James Church
2607 27 St
Vernon, BC V1T 4W1



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

St. Benedict's/St Theresa's
Head of the Lake Rd
Vernon, BC



Mass Times
1:00 pm Sunday
(St Benedict only)

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC



Mass Times
10:30 am Sunday

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:30 pm Saturday
9:30 am Sunday

11th Sunday in Ordinary Time June 16, 2024

The Month of June is dedicated to the Sacred Heart.

Attention St James Parishioners!
The Rectory's back deck has been deemed rotten and hazardous. It will be removed come Saturday morning, June 15th with the replacement occurring over the next few weeks.

Mark your Calendar

- Starting June 16—**NO Children's Liturgy**—Summer Break—return on September
- June 21—National Indigenous Peoples Day
- June 22—**Fr Peter's Anniversary dinner** (tickets are now available at the office)
- June 22—**"Build a Bed"** work bee—OLOV @9am (KoC)
- June 23—Tea Party Mrs. Tara Moore (see details)
- June 30—Baby Bottle drive—due!
- July 19-21—Marriage Encounter—OLOV (see details)
- Aug 19-23—Vacation Bible School
- Nov 23—CWL Christmas Tea & Bazaar (info to follow)

St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am 4:00-4:45 pm
Eucharistic Adoration	Mon -Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am

OFFICE

Telephone	250-542-1276	www.rccv.org
email		stjamesvernon@rcdk.org
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

PARISH MINISTRIES

CWL (St James)	7:00 pm Tues (Sept 10, Nov 12, Jan 14, April 08, 2025)
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KOC (St James)	Council 4949: www.facebook.com/kofc4949
KOC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Garry Pielak, Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council	The formation of each parish council is in the process.

Pastor	Rev Fr Peter Nguyen frpeter@rcdk.org	250-542-1276
Parochial Vicar	Fr Thomas Arackal Sacred Heart, Lumby and St Benedict/St Theresa	250-547-9070
Permanent Deacon	Deacon Paul Murphy deaconservant1@gmail.com	778-212-2020
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



Mission Statement: United in the Eucharist to love and serve.

Vision Statement: Inspired by the Spirit to:
-know our faith and vocation
-serve the needs of others
-welcome new parishioners into our faith community
-share our excitement about Jesus

Pope Francis' Prayer Intention for June

For migrants fleeing their homes—We pray that migrants fleeing from war or hunger, forced to undertake journeys full of danger and violence, find welcome and new opportunities in the countries that receive them.

Mass Intentions June 17-23

June 17—Mon:	8am SJ	Ruth Paetz—†
June 18—Tue:	8am SJ	Aldo Banducci—†
June 19—Wed:	8am SJ	Private Intentions
June 20—Thurs:	8am SJ	Simon Talbot—INT
June 21—Fri:	8am SJ	Megan & Chris Leckie—INT
June 22—Sat:	9am SJ	Stan Frano—†
	5pm SJ	Gwen & Caig Twerdun—INT
June 23—Sun:	8:30am SJ	SJ Parish Families—INT
	10:30am OLOV	OLOV Parish Families—INT
	7:00pm SJ	Jude & family—INT

Children's Liturgy—Summer Break

As of Sunday, June 16th, OLOV Children's Liturgy is on break for the summer and will return in September. A heartfelt thank you to all our dedicated volunteers for their invaluable service. We are always looking for more helpers, so please consider joining us in this rewarding ministry! Reach out to Justin or Haley Giddens with any questions.

St James CWL Grocery Receipts

CWL is collecting receipts from Butcher Boys, Nature's Fare Markets & Buy-Low Foods. We are accepting Freshco grocery receipts on behalf of Vernon Jubilee Hospital Auxiliary. These stores will donate back a percentage of the amount of the receipt.

Please put your receipts in the white "Grocery Receipt Program" box located on the table in the vestibule of the main entrance of St. James Church.

Sunday Offertory June 09

Regular

St James	\$ 3197
OLOV	\$ 3352
St Benedict	\$ 275

Thank you for your generosity.

Eucharistic Adoration of the Blessed Sacrament at St. James

We kindly request you consider enhancing your life by committing one hour a week as an adorer. Holy Eucharistic Adoration hours are 9 a.m. to 9 p.m. Monday-Thursday. Drop-in visitors are always welcome. We especially need adorers for these hours:

Monday 4-5 p.m., Tuesday 12-1 p.m., 3-4 p.m., 5-6 p.m., and Wednesday 12-1 pm., and Thurs 12-1 p.m.

Welcome and thank you Elaine for your commitment!

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com.



Next Sunday's Readings:

June 23, 2024

Job 38.1-4, 8-11++
Ps.107.23-24, 25-26, 28-29, 30-31 (R.1)
2 Corinthians 5.14-17
Mark 4.35-41



SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

75. Thru Perpetual Adoration a Parish gives the King all the love He truly deserves. Perpetual Adoration is the Divine Romance between Jesus and His people. (Fr. Martin Lucia)

"There are two ways of uniting ourselves with our Lord ..., prayer and the Sacraments."

Get your tickets now!

Call the office at 250-542-1276

Fr. Peter Nguyen's 33rd Anniversary 22-June-2024 6:30 - 8PM @ St. James Gym

Tickets:
• \$25 + 13 yrs old and up
• \$5 + 6 to 12 yrs old
• Free + 5 yo. and below

Come celebrate our dear pastor's priestly ordination anniversary through a simple dinner promoting priestly vocations, and love for the Blessed Sacrament.

*All proceeds will be donated to support the congregation of Fr. Peter's sister who is a nun.

You're Invited to a

Tea Party Celebrating Mrs., Tara Moore

Sunday, June 23, 2024 2:30—4:30 pm

St James Parish Centre

RSVP To: office@stjamesvernon.com



BE PART OF SOMETHING SPECIAL!!!

"Build a Bed" Work bee

Saturday, June 22nd - 9am at OLOV

The Knights of Columbus (Mother Teresa Council—12202) has received funding from KOC Supreme council for 20 complete beds (\$9000.00). In partnership with "Sleep in Heavenly Peace" Vernon Chapter, we will be conducting a "Build a Bed" work bee so that children in Vernon have a safe, comfortable place to lay their heads.

All tools & training are provided (lunch is supplied). Couples & High School aged children are most welcome!

For more information or to volunteer contact Ron @ 250-550-6867 or patron1962@telus.net

BABY BOTTLES FOR VERNON WELNESS CLINIC

Baby bottles are available at St James church.

Please return it (full or empty) no later than June 30th.

Thank you for participating in this well worth fundraiser.

Catholic Book Club

Next meeting: **June 26, 2024** at 9 am in the Monsignor Miles Hall. Book: **Divine Mercy in My Soul; Diary of Saint Maria Faustina Kowalska**. We will discuss paragraphs 301-400. Copies are available through Loaves and Fishes in Kelowna. Call Jan for more information 250-309-4123.

National Indigenous Peoples Day June 21, 2024

National Indigenous Peoples Day has officially been celebrated in Canada since 1996. It is an occasion to celebrate the rich culture and heritage of the First Nations, Inuit and Metis Peoples. Pope Francis has often spoken of the beauty of Indigenous culture. We recall in a special way the words he spoke to the Canadian Delegation he welcomed to the Vatican on April 01, 2022.

“First, your care for the land, which you set not as a resource to be exploited, but as a gift of heaven, For you, the land preserves the memory of your ancestors who rest there; it is a vital setting making it possible to see each individual’s life as part of a greater web of relationships, with the Creator, with the human community, with all living species and with the earth, our common home. All this leads you to seek interior and exterior harmony, to show great love for the family and to possess a lively sense of community. Then too, there are the particular riches of your languages, your cultures, your traditions and your forms of art. These represent a patrimony that belongs not only to you, but to all humanity, for they are expressions of our common humanity.”

As common home to us all, the land is the place where we must “walk together” in peace and harmony for the good of everyone. Indigenous cultures and traditions form a precious heritage, which can guide our shared journey. Today, walking alongside Canada’s Indigenous Peoples, the Canadian Conference of Catholic Bishops reaffirms its commitment to deepen and strengthen relationships with Indigenous Peoples through truth, haling, justice, reconciliation and hope.

Fr Jean Vezina
General Secretariat
Canadian Conference of Catholic Bishops (CCCB)

Facing the Storms of Life By: Ted Watkins

It is one of the shortest but most impactful commands uttered by the saints, the angles, and even Our Lord himself: *be nor afraid*. Whether it be from the mount of the Archangel Gabriel to Mary, or St. John Paul II to Catholic youth, it is timeless encouragement that’s worth pondering. In the context of St. Peter in the storm described in Matthew 14:22-33, this charge challenges us to accept three unavoidable realities of life.

The Storms of Life Will Come

According to verse 24, the boat was “buffeted by the waves because the wind was against it.” Interestingly, the image conveyed by the Greek verb “buffeted,” or *kolaphizo*, which means to torment or torture, evokes a harassing tumult. It is in this moment where the apostles are the most vulnerable. And yet, two verses earlier we read that Jesus had made them go out into the boat., understanding in His divinity that His companions would be caught up in the tempest. Perhaps the correct question to ask, then, is not if the storms will come, but when?

God calls us to stormy moments in life and to see these tumultuous inconveniences as opportunities. As G.K. Chesterton once quipped, “An inconvenience is an adventure *wrongly considered*. An adventure is an inconvenience *rightly considered*.”

We must recognize this reality and face it head-on. Take courage!

We Must Get Out on the Boat

If we are to become who God created us to be, we have to step out of the boat like Peter, as opposed to the other apostles who remained paralyzed in fear. Peter had an interesting mix of fear and brashness.

He was tough and hard-headed; he had a strong personality with a hard-charging tendency that, although early on led to many failures, eventually became an ingredient that Jesus used in Peter’s journey to martyrdom. When Jesus told the apostles that he must suffer and die, Peter responded with an emphatic “Never!” And yet, Jesus directly confronted this diabolical attitude in Peter. Indeed, it is diabolical to avoid the Cross. We must embrace the trials that some our way!

Peter is often remembered in teaching and preaching because of his profound failures, but we shouldn’t overlook the fact that he got out of the boat. In moment like this one from Matthew’s Gospel, Peter demonstrated tremendous courage in the face of the storm. With great failure comes great redemption. And Peter experienced this.

Keep Our Heads Up and Our Eyes Fixed on the Face of Christ

One of the first lessons I ever learned when I played football was proper tackling technique. It’s vital to keep your head up when you hit your opponent. You have to “see what you hit;” otherwise, you risk damaging your neck and spine.

Peter was able to imitate Our Lord and briefly did the impossible: he walked on water. But when Peter took his eyes off Jesus, he was overcome by the storm around him. He was like that inexperience football player that lowered his head just before impact.

When Jesus meets us in our day-to-day lives, in either the mundane or the profoundly stressful and terrible moments, and we do not expect it, we may grow defensive, stubborn-headed, or hard-hearted. We become entrenched in our fears and anxieties, in our negative patterns of thought and action that we’ve habituated. But these blind us to recognizing His Presence among us. If we keep our heads up at the point of collision we will be able to behold Him.

In the very midst of our trials, when we’re most vulnerable, and our weaknesses are exposed, the Lord comes to us. Our moments of greatest trouble are the Lord’s moments of greatest grace. Whenever, and however we least expect Him, He comes. He calls us out of the comforts of our self-defeating attitudes, vices, and attachments to comfort (both physical and emotional) and bids us to come to Him through the trial, through the adventure, to be caught up in His love and peace.

When the storms come, let’s abandon our paralyzing fear and get out of the boat of comfort. In doing so, we will have the vision to journey further into the Heart of Jesus Christ. Help us, Lord, to be not afraid!

Source: Catholic Exchange

A Catholic MARRIAGE ENCOUNTER Weekend
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Priest. -Weekend Spiritual Director-

July 19-21, 2024
Our Lady of the Valley 10102 Middleton Drive Coldstream, BC

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RCCV: St James 2607- 27th Street Vernon BC



Vernon & Area Pro-Life Society


Store: 250-545-0777
3102 31st Ave

Office: 250-545-5520
3105C 31st Ave

Donations - the store accepts good quality clothing, household items, books, etc.

Store hours - Monday to Saturday, 10am until 2pm

Store volunteers needed, or for \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.



Knights of Columbus
St James Council 4949
Meeting Every 2nd
Tuesday of the month

401-3003 Gateby Place
(Columbus Court)
For Info call 250-542-9229



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