

**Saint James Church**  
2607 27 St  
Vernon, BC V1T 4W1

**St. Benedict's/St Theresa's**  
Head of the Lake Rd  
Vernon, BC

**Our Lady of the Valley**  
10102 Middleton Drive  
Coldstream, BC

**Sacred Heart Church**  
2202 Park Ave  
Lumby, BC V0E 2G0



**Mass Times**  
5:00 pm Saturday  
8:30 am Sunday  
7:00 pm Sunday

**Mass Times**  
12:00 pm Sunday  
St Benedict—1st, 3rd and 5th Sunday  
St Theresa—2nd and 4th Sunday

**Mass Times**  
10:30 am Sunday

**Mass Times**  
5:30 pm Saturday  
9:30 am Sunday



**5TH SUNDAY  
IN ORDINARY TIME  
FEBRUARY 09, 2025**

*THE MONTH OF FEBRUARY IS DEDICATED TO THE HOLY FAMILY  
(WORLD DAY OF SICK—FEBRUARY 11)*

<b>St James</b>		
Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am
		4:00-4:45 pm
Eucharistic Adoration	Mon-Thursday	9 am-9 pm
@ St Benedict	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

- Notes/Reminder**
- Catechesis of Good Sheperd—on-going (Jan 25-April 15)
  - Pastoral Care Training—on-going (Feb 02-April 05)
  - FFC (Faith Formation for Children) - on-going
  - Upon This Rock—on-going (see details)
  - **Feb 09—Second Collection—Catholic Schools**
  - Feb 24—**Parish Survey discussion**—OLOV at 6:30 pm if you plan to attend please contact the office.

<b>PARISH MINISTRIES</b>	
CWL (St James)	7:00 pm Tues (Sept 10, Nov 12, Jan 14, April 08, 2025)
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KOC (St James)	Council 4949: <a href="http://www.facebook.com/kofc4949">www.facebook.com/kofc4949</a>
KOC (OLOV)	St Teresa Council 12202: <a href="http://www.kofc12202.ca">www.kofc12202.ca</a>
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Garry Pielak, Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	David Evans, Deanna Johnstone, Michael Flahiff Eric Hoffbauer, Lorena Clowes
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence

<b>OFFICE</b>		
Telephone	250-542-1276	<a href="http://www.rccv.org">www.rccv.org</a>
email		<a href="mailto:stjamesvernon@rcdk.org">stjamesvernon@rcdk.org</a>
Office Hrs.	8 am-2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

<b>Pastor</b>	Rev Fr Peter Nguyen <a href="mailto:frpeter@shaw.ca">frpeter@shaw.ca</a>	250-542-1276
<b>Parochial Vicar</b>	Fr Henry Nwaimo Sacred Heart, Lumby and St Benedict/St Theresa	250-214-4060 250-547-9070
<b>Permanent Deacon</b>	Deacon Paul Murphy	778-212-2020 (call or text)
<b>Diocese Kamloops Office</b>	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

<b>St James School</b> 2700 28th Avenue Vernon, BC V1T 1V7	Melanie Inzunza — Principal (250) 542-4081 Ascend Catholic School Online	<a href="http://www.stjamesvernon.com">www.stjamesvernon.com</a> <a href="mailto:office@stjamesvernon.com">office@stjamesvernon.com</a> <a href="http://www.rcdk.org/ascend-online-school">www.rcdk.org/ascend-online-school</a>
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**Mission Statement:** United in the Eucharist to love and serve.

**Vision Statement:** Inspired by the Spirit to:  
 -know our faith and vocation  
 -serve the needs of others  
 -welcome new parishioners into our faith community  
 -share our excitement about Jesus

**Pope Francis' Prayer Intention for February**

*For vocations to the priesthood and religious life—Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.*

**MASS INTENTIONS—FEB 10-16**

Feb 10	Mon	8 am	SJ	Loren Yasinski	RIP
Feb 11	Tues	8 am	SJ	Beverly Doyle	RIP
Feb 12	Wed	8 am	SJ	Maria Kotai	RIP
Feb 13	Thurs	8 am	SJ	Hans & Hildegard Novelleto	RIP
Feb 14	Fri	8 am	SJ	Doyle family	INT
Feb 15	Sat	9 am	SJ	Ramsis & Martina Shehata	INT
		5 pm	SJ	Celine Lockert	RIP
Feb 16	Sun	8:30 am	SJ	SJ Parish Families	INT
		10:30 am	OLOV	OLOV Parish Families	INT
		7:00 pm	SJ	Paulette Duncan	RIP

**2024 INCOME TAX RECEIPTS**

**Recently Moved? Update your information**

In preparation for the 2024 Income Tax receipting, if you have moved this past year, please update your contact information with your new address. Call the Parish Office at 250-542-1276.

Tax Receipts for your generous donations in 2024 are still being prepared and will be ready next week.

**2025 OFFERTORY ENVELOPES**

Please **RECYCLE** and **DISCONTINUE** using your remaining 2024 and previous year's Collection Envelopes as your 2025 number may have changed. This may cause discrepancies when receipting your 2025 donations.

The **2025 Offerings Envelopes** will remain at the church for pick until February 16th. After that you can pick it up at the office. If you did not receive collection envelopes in the past and you wish to receive 2025 Offertory Envelopes, or you notice your box is missing, please contact the parish office.

**Eucharistic Adoration of the Blessed Sacrament at St. James Church (9am—9pm Mon-Thurs)**

Adorers needed for winter months: **Mon 4-5pm, Tues 3-4 pm, Wed 2-3pm and 6-7 pm, and Thurs 12-1pm**

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com.



**Next Sunday's Readings:**

**Feb 16, 2025**

Jeremiah 17.5-8  
 Ps 1.1-2, 3, 4+6 (**R.40.4**)  
 1 Corinthians 15.12, 16-20  
 Luke 6.17, 20-26



**SERRA CLUB of KAMLOOPS DIOCESE**

*Holy Hour—for Vocations*

*5. Perpetual Adoration extends its influence far beyond the individual adorers, touching their homes and families and reaching out to the parish community and beyond. (Pope Paul VI)*

**Quote from St. John Vianney**

*"Those who are led by the Holy Spirit experience all sorts of happiness in themselves"*



**Sunday Offertory - February 02**

	<b>Regular</b>
St James	\$ 3,276
OLOV	\$ 1,701
St Benedict	\$ 391

*Thank you for your generosity.*

**MUSICIANS WANTED**

The Parishes of St. James & Our Lady of the Valley are in need of musicians! If you have musical talents that you would like to share, please contact Eric Hoffbauer at 905-758-6133 or email [hoffbaue@gmail.com](mailto:hoffbaue@gmail.com)

**Your support to our Parishes is greatly appreciated.**



**St. James School  
Part-time Custodian**

St. James School is looking to hire a part-time custodian to assist our maintenance team.

Please contact the school at 250-542-4081 or email [principal@stjamesvernon.com](mailto:principal@stjamesvernon.com) if you are interested.

**FUNERAL SERVICE - FRANCESCO DATTOLO**

**Vigil Service—Monday, Feb 10 at 7 pm**

**Funeral Service—Tuesday, Feb 11 at 10 am**

**Both services will be held at St. James Church**

**Upon This Rock—Catholic Faith Study for Adults  
Every Wednesday from January 08th to April 16th  
OLOV 7-9:00 pm**

In the next couple of months the focus will be on the 7 sacraments, starting with "The Sacrament of Initiation" followed by the five sessions covering the Eucharist on January 22nd to Feb 19th.

For details, reach out to Mark Langer at [marklanger3@gmail.com](mailto:marklanger3@gmail.com), or call/text 250-919-8553.

**Catholic Book Club**

On February 19 we will continue our discussion of **A Concise Guide to Catholic Social Teaching** by Kevin E. McKenna. Please read chapters 2 and 3. Meet at 9 am in the Monsignor Miles Hall in the St James church basement.

## Pope Francis' message for the 33rd World Day of the Sick (11 February 2025)

Message of the Holy Father

*"Hope does not disappoint" (Rom 5:5), but strengthens us in times of trial*

Dear brothers and sisters,

We are celebrating the 33rd World Day of the Sick in the Jubilee Year 2025, in which the Church invites us to become "pilgrims of hope". The word of God accompanies us and offers us, in the words of Saint Paul, an encouraging message: "Hope does not disappoint" (Rom 5:5); indeed, it strengthens us in times of trial.

These are comforting words, but they can also prove perplexing, especially for those who are suffering. How can we be strong, for example, when our bodies are prey to severe, debilitating illnesses that require costly treatment that we may not be able to afford? How can we show strength when, in addition to our own sufferings, we see those of our loved ones who support us yet feel powerless to help us? In these situations, we sense our need for a strength greater than our own. We realize that we need God's help, his grace, his Providence, and the strength that is the gift of his Spirit (cf. Catechism of the Catholic Church, 1808).

Let us stop for a moment to reflect on how God remains close to those who are suffering in three particular ways: through *encounter, gift and sharing*.

1. **Encounter.** When Jesus sent the seventy-two disciples out on mission (cf. Lk 10:1-9), he told them to proclaim to the sick: "The kingdom of God has come near to you" (v.9). He asks them, in other words, to help the sick to see their infirmity, however painful and incomprehensible it may be, as an opportunity to encounter the Lord. In times of illness, we sense our human frailty on the physical, psychological and spiritual levels. Yet we also experience the closeness and compassion of God, who, in Jesus, shared in our human suffering. God does not abandon us and often amazes us by a strength that we never expected, and would never have found on our own.

Sickness, then, becomes an occasion for a transformative encounter, the discovery of a solid rock to which we can hold fast amid the tempest of life, an experience that even at great cost, makes us all the stronger because it teaches us that we are not alone. Suffering always brings with it a mysterious promise of salvation, for it makes us experience the closeness and reality of God's consoling presence. In this way, we come to know "the fullness of the Gospel with all its promise and life" (SAINT JOHN PAUL II, *Address to Young People*, New Orleans, 12 September 1987).

2. This brings us to the second way that God is close to the suffering: as **gift**. More than anything else, suffering makes us aware that hope comes from the Lord. It is thus, first and foremost, a gift to be received and cultivated, by remaining "faithful to the faithfulness of God", in the fine expression of Madeleine Delbrel (cf. *La Speranza e una luce nella notte*, Vatican City 2024, Preface).

Indeed, only in Christ's resurrection does our own life and destiny find its place within the infinite horizon of eternity. In Jesus' paschal mystery alone do we attain the certainty that "neither death, nor life, nor angles, nor rulers, nor things present, nor things to come, nor power, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God" (Rom 8:38-39). This "great hope" is the source of all those small glimmers of light that help us see our way through the trials and obstacles of life (cf. BENEDICT XVI, *Spe Salvi*, 27, 31). The risen Lord goes so far as to walk beside us as our companion on the way, even as he did with the disciples on the road to Emmaus (cf. Lk 24:13-53). Like them, we can share with him our anxieties, concerns and disappointments, and listen to his word, which enlightens us and warms our hearts. Like them too, we can recognize him present in the breaking of the bread and thus, even in the present, sense that "greater reality" which, by drawing near to us, restores our courage and confidence.

3. We now come to God's third way of being close to us: through **sharing**. Places of suffering are frequently also places of sharing and mutual enrichment. How often, at the bedside of the sick, do we learn to hope! How often, by our closeness to this who suffer, do we learn to have faith! How often, when we care for those in need, do we discover love! We realize that we are "angles" of hope and messenger of God for one another, all of us together: whether patients physicians, nurses, family members, friends, priests, men and women religious, no matter where we are, whether in the family or in clinics, nursing homes, hospitals and medical centres.

We need to learn how to appreciate the beauty and significance of these grace-filled encounters. We need to learn how to cherish the gentle smile of a nurse, the gratitude and trust of a patient, the caring face of a doctor or volunteer, or the anxious and expectant look of a spouse, a child, a grandchild or a dear friend. All these are rays of light to be treasured; even amid the dark night of adversity, they give us strength, while at the same time teaching us the deeper meaning of life, in love and closeness (cf. Lk 10:25-37).

Dear brothers and sisters who are ill or who care for the suffering, in this Jubilee you play an especially important part. Your journey together is a sign for everyone: "a hymn to human dignity, a song of hope" (*Spec Non Confundit*, 11). Its strains are heard far beyond the rooms and beds of health facilities, and serve to elicit in charity "the choral participation of society as a whole" (ibid.) in a harmony that is at times difficult to achieve, but for that very reason is so comforting and powerful, capable of bringing light and warmth wherever they are most needed.

The whole Church thanks you for this! I do as well, and I remember you always in my prayers. I entrust you to Our Lady, Health of the Sick, in the words that so many of our brothers and sisters have addressed to her in their hour of need:

We fly to your protection, O Holy Mother of God.  
Do not despise our petitions in our necessities,  
but deliver us always from all dangers, O glorious  
and blessed virgin.  
I bless you, along with your families and loved ones,  
and I ask, please, not to forget to pray for me.

Rome, Saint John Lateran, 14 January 2025

FRANCIS

### SACRAMENT OF BAPTISM

Please contact the Parish Office **FIRST** when enquiring about your child's baptism. **At least one Parent and all God-parents must have received all sacraments on initiation (Baptism Eucharistic and Confirmation), and be actively practicing Catholics.**

We ask that you call or email the office **at least 6 WEEKS prior** to your requested date to ensure time for your preparation.

### SACRAMENT OF MARRIAGE

As a Catholic, the most important part of preparing for the sacrament of marriage is asking Jesus to be at the center of the marriage. In preparation of this special sacrament we ask that you contact the office **at least 6 MONTHS prior** to your requested wedding date.



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