



ROMAN CATHOLIC
DIOCESE OF KAMLOOPS

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**Weekly News and Bulletin Information from the
Chancery Office to all Parishes and Catholic Schools**

January 21, 2025

The Month of January is dedicated to the **Holy Name**.

The Holy Father's Intentions for the Month of January 2025

For the right to an education

Let us pray for migrants, refugees, and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected.

Words from our secondary patron, St. John Vianney

"O MY child, use your voice always for the glory of God and the salvation of souls."



Holy Hour – for Vocations

Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues, Thurs. & Fri. 7:50am – 8:50am before 9 am Mass.

Wednesday 9:30 am – 9 pm and Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am – 9am Saturdays at Holy Family Parish



3. A Holy Hour of prayer before the Blessed Sacrament is so important to Jesus that a multitude of souls go to Heaven who otherwise would have gone to hell. (Jesus revelation to Blessed Dina Belanger)



Jubilee 2025

To bring the blessings of this Jubilee Year closer to you, there are three designated churches in our diocese as pilgrimage sites, each with its own Holy Door through which the faithful may pass and receive the graces of a plenary indulgence: Sacred Heart Cathedral, Kamloops

St. James, Vernon

Sacred Heart, Williams Lake

Prayerfully visit these holy sites during the Jubilee Year and experience the richness of God's grace. This is a time for renewal, healing, and growth as disciples of Christ.

Information can be found on the Diocesan website:

<https://www.rcdk.org/jubilee2025>

Rachel's Corner

"One day I was Lazarus, one day Mary Magdalene, one day the blind man...but now...I leave with nothing covering my eyes. I can see clearly again. I leave in peace." Testimonial

On our healing journey we are taken through many steps where truths are revealed to us. Join us on a Rachel's Vineyard™ Retreat and find the peace that clarity of vision and truth can give you. His mercy is yours!

www.rachelsvineyardkamloops.org

rvkamloops@yahoo.ca

250-267-5081



Join us at Holy Family for Hispanic Mass & Potluck!

Celebrate faith, culture, and community at Holy Family's monthly Hispanic Mass on the 1st Sunday of every month. Our next Mass will be **February 2nd at 5pm**, followed by a potluck in the parish hall. All

are welcome – bring a dish to share and join the celebration! See Holy Family's website at <https://www.holyfamilychurch.ca/> to RSVP.

There will be a Vocation Live-In on the weekend of February 8-9 at the Seminary of Christ the King in Mission, BC. Anyone wishing to enter the Seminary in the next couple of years is welcome. For more information phone 604-826-8975 or email rector.minors@sck.ca

Feb. 8-9, 2025
Saturday Morning to Sunday Afternoon

SEMINARY OF CHRIST THE KING
VOCATION LIVE-IN

HIGH SCHOOL
Grades 6-11



TO SERVE IS TO REIGN

Are You Interested...
in the priesthood or the life of a religious brother, and want to see for yourself what seminary life is like? Come and see!

Spend Two Days...
at the Seminary and become acquainted with other young men who have the priestly or religious vocation in mind.

Arrive...
any time Saturday morning, preferably between 8:00-9:00 am.

Bring...
a sleeping bag, school clothes, and some old clothes for sports, a towel, etc.

PLANNING TO ATTEND:

SCAN THE QR CODE TO REGISTER OR SEND AN EMAIL FOR A LINK TO THE APPLICATION FORM:
[RECTOR.MINORS@SCK.CA](mailto:rector.minors@sck.ca)



SCAN THE QR CODE TO CHECK OUT A VIDEO ON THE SEMINARY



The High School Live-In will include interaction with priests, brothers and seminarians, daily Mass and prayer, recreational activities, sports, and some reflective reading.
The suggested fee is \$40

FUTURE LIVE-IN: July 5-6, 2025

 Vocation Live-in
Seminary of Christ the King
PO Box 3310
Mission, BC V2V 4I5

 Phone: 604 826 8715
Fax: 604 826 8725

 Rector: Fr. Anthony Nguyen, osb
Email: rector.minors@sck.ca
www.sck.ca

ST. ANN'S ACADEMY INFORMATION NIGHT

THURSDAY
FEBRUARY 6,
2025 AT 6:30PM

KINDERGARTEN
AND
GR. 8 FAMILIES



NOW ACCEPTING APPLICATIONS FOR PRESCHOOL-GRADE 12!

- Enriched in the Catholic Faith
- Outstanding Academic Education
- Close and Caring Community
- Exceptional Extracurricular Programs which include Music, Art, & Athletics
- Daily in-house Canteen providing Nutritional Meals
- Tax-Refund on Tuition
- Voted Best Independent High School in Kamloops



www.st-anns.ca
250-372-5452

205 Columbia Street
Kamloops, BC



Grief to Grace helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is May 2025 in Kelowna. For more information please email griegtograncelowna@gmail.com or make a confidential call to 250-808-6403.

**Save the Date - The Sanctuary – Mental Health Course for Catholic:
January 18, 25 and February 4, 2025, 10 am – 11:30am**

Facilitated by Adele Huculak

How can a church become a sanctuary—a place where individuals living with mental health challenges feel safe, supported, and a sense of belonging? The Sanctuary series explores key mental health topics and examines meaningful ways to offer companionship, support recovery, and promote wellbeing. Appropriate for anyone who wants to learn about faith and mental health, it requires no previous training or expertise—just a willingness to engage in dialogue with other believers.

This course and films address difficult and sensitive topics and may not be appropriate for a young audience. It is not recommended for people ages 17 and younger. Adele Huculak, the facilitator, has a master's in clinical Mental Health Counselling and is a Registered Clinical Counsellor with the BCACC. See the preview video at <https://portal.sanctuarymentalhealth.org/the-sanctuary-course-for-catholics> Two ways to attend the three sessions: live at Sacred Heart Cathedral 255 Nicola St Kamloops OR by Zoom at home or with a group from your parish. An important theme in our times, please commit to learning more about mental health issues and being a person of faith. For more information and to register contact Kathy Dahl at (250)318-9698 kathysdahlhouse@gmail.com



CANADA'S
Life Changing!
CATHOLIC GAP YEAR
OPEN HOUSE

Choose when you visit! FEBRUARY 17, 18, 19, 20, 20, OR 22
MONDAY-SATURDAY OF THE FEBRUARY BREAK
MEALS & LODGING INCLUDED ON CAMPUS IN BRUNO, SK

Register: StTherese.ca/events | 306-369-2555

ST. THERESE
INSTITUTE OF FAITH AND MISSION
Bruno, Saskatchewan



Faith in Action Campaign 34 - Be a Witness of Love

Faith in Action accepts Interac E-Transfers. Simply send your e-transfer contribution to fia@rcdk.org

Faith In Action Campaign 34 Video

<https://youtu.be/XM8HXoRFvQ8>

*Save
The
Date*



ST. ANN'S ACADEMY

ALUMNI HOMECOMING

CELEBRATING 145 YEARS OF COMMUNITY
ST. ANN'S AUDITORIUM
MAY 2026

MORE INFORMATION COMING SOON

MASS AT SUN PEAKS

There will be Mass celebration at Sun Peaks once a month on Saturday from January to April 2025 at 5:00 pm in the Annex.

Dates are as follow:

January 18, February 15, March 15, April 12

We will need some help setting up and cleaning up...If you would like to help, please arrive at the Annex around 4:30pm. If you have any questions, please contact St. John Vianney at stjohnvianney@rcdk.org

CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>