



ROMAN CATHOLIC  
DIOCESE OF KAMLOOPS

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**Weekly News and Bulletin Information from the  
Chancery Office to all Parishes and Catholic Schools**

**March 4, 2025**

The Month of March is dedicated to the **St. Joseph.**

**The Holy Father's Intentions for the Month of March 2025**



**For families in crisis**

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

**Words from our secondary patron, St. John Vianney**

***"He is hidden from our eyes under the humility of his Sacrament, to try our faith...."***



**Holy Hour – for Vocations**

**Serra Club of Kamloops Diocese**

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

**Kamloops:**

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues, Thurs. & Fri. 7:50am – 8:50am before 9 am Mass.

Wednesday 9:30 am – 9 pm and Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am – 9am Saturdays at Holy Family Parish



***9. Our Lord hears our prayers anywhere, but He has revealed to His servants that those who visit Him in the Eucharist will obtain a more abundant measure of grace. (St. Alphonsus Ligouri)***



## **Remembering Vocations in your Lenten Devotions—2025**

*“God has not grown weary of us. Let us welcome Lent as the great season in which he reminds us: “I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery” (Ex 20:2). Lent is a season of conversion, a time of freedom. Jesus himself, as we recall each year on the first Sunday of Lent, was driven into the desert by the Spirit in order to be tempted in freedom. For forty days, he will stand before us and with us: the incarnate Son. Unlike Pharaoh, God does not want subjects, but sons and daughters.” Pope Francis*

### **Meditations**

**March 5—Ash Wednesday:** “In Lent, we find new criteria of justice and a community with which we can press forward on a road not yet taken. ... It is time to act; and in Lent, to act also means to pause. To pause in prayer, in order to receive the word of God ...”

**March 9—First Sunday of Lent:** “For this reason, prayer, almsgiving and fasting are not three unrelated acts, but a single movement of openness and self-emptying, in which we cast out the idols that weigh us down, the attachments that imprison us. Then the atrophied and isolated heart will revive. Slow down, then, and pause! The contemplative dimension of life that Lent helps us to rediscover will release new energies. In the presence of God, we become brothers and sisters, more sensitive to one another ...”

### **Jubilee 2025**



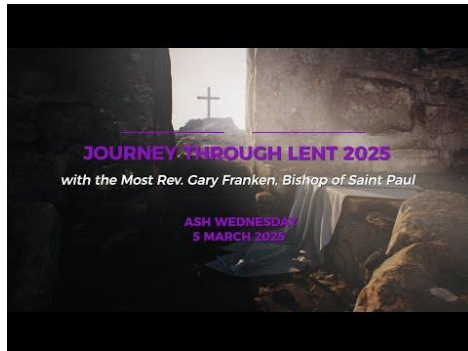
To bring the blessings of this Jubilee Year closer to you, there are three designated churches in our diocese as pilgrimage sites, each with its own Holy Door through which the faithful may pass and receive the graces of a plenary indulgence: Sacred Heart Cathedral, Kamloops  
St. James, Vernon  
Sacred Heart, Williams Lake

Prayerfully visit these holy sites during the Jubilee Year and experience the richness of God’s grace. This is a time for renewal, healing, and growth as disciples of Christ.

Information can be found on the Diocesan website:

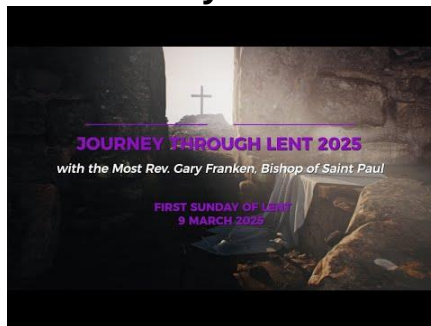
<https://www.rcdk.org/jubilee2025>

## CCCB Journey through Lent 2025 Ash Wednesday 2025



On this Ash Wednesday, Bishop Franken provides a reflection on the joy of Lent.

## First Sunday of Lent 2025



On this First Sunday, Bishop Franken provides a reflection on the Lord's temptation in the desert.

## *Rachel's Corner*

***"The LORD will fight for you; you have only to keep still." Exodus 14:14***

After everything you have been going through since your abortion, being still and knowing the Lord will fight for you, seems almost hard to believe. Believe it! It is God's promise to you! Join us on a Rachel's Vineyard Retreat and learn how that happens.

[www.rachelsvineyardkamloops.org](http://www.rachelsvineyardkamloops.org)  
250-267-5081

## ATTENTION MEN OF KAMLOOPS CATHOLIC PARISHES

### Prayer, Formation, and Fraternity for Men

The men of Knights of Columbus Council No. 1614 are excited to share the implementation of *Cor*, a new formation and fraternal opportunity for the men of our parish.

*Cor* exists to form and strengthen Catholic men in faith and virtue as missionary disciples by drawing them into a deeper relationship with Jesus Christ through prayer, formation, and fraternity.

While *Cor* is sponsored by the Knights, it is not a K of C event, it is open to every man of the Parish. (*Cor* is not a membership drive.)

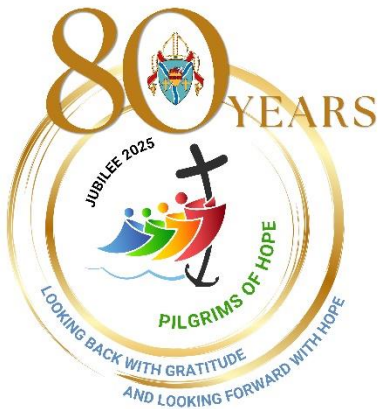
**Feel free to come for one session, or for all.**

Come join your brother parishioners for coffee and donuts, prayer and fraternity.

If you have additional questions, please reach out to Fr. Derrick, or contact Mark Perren at 587 201 1712 / cathedralpa@rcdk.org



*What we do as men,  
we do because it is  
the fruit of our  
relationship with  
Christ.*



## Diocesan Anniversary Celebration

### *Save the Date!*

**On Sunday June 22, 2025**, Bishop Joseph Nguyen invites all to a Corpus Christi Mass starting at Riverside Park Bandshell with the Eucharist procession following Mass to Sacred Heart Cathedral, Benediction, Sacred Display and BBQ Dinner in celebration of the 80<sup>th</sup> Anniversary of the Diocese of Kamloops. More info to come!

### SAVE THE DATE!!

Our Lady of Good Counsel Dinner will be April 26, 2025, at St. John Vianney Parish Hall, tickets for the dinner will be \$35.00.

Mass will be at 5:00pm and dinner at 6:00pm

For more information or to book your ticket email [stjohnvianney@rcdk.org](mailto:stjohnvianney@rcdk.org) or call Brenda Thompson

at 250-579-9464.



Grief to Grace helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is May 2025 in Kelowna. For more information please email [griegtograncelowna@gmail.com](mailto:griegtograncelowna@gmail.com) or make a confidential call to 250-808-6403.

# TURN DEBT INTO Hope

*"Let us commit ourselves to remedying  
the remote causes of injustice,  
settling unjust and unpayable debts"*

— Pope Francis, *Spes non confundit*, 16

**Join us for Share Lent Workshop  
2025**

**Sunday, March 9th, 1pm-4pm**

**St. James Catholic Church,**

**Vernon**

**2607 - 27th Street**

**Please contact**

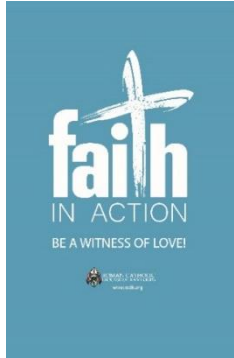
**[teresamckerral9@gmail.com](mailto:teresamckerral9@gmail.com)**

Share  
Lent 2025



Development  
and Peace  
CARITAS CANADA





## Faith in Action Campaign 34 - Be a Witness of Love

Faith in Action accepts Interac E-Transfers. Simply send your e-transfer contribution to [fia@rcdk.org](mailto:fia@rcdk.org)

Faith In Action Campaign 34 Video

<https://youtu.be/XM8HXoRFvQ8>

## MASS AT SUN PEAKS

There will be Mass celebration at Sun Peaks once a month on Saturday from January to April 2025 at 5:00 pm in the Annex.

Dates are as follow:

March 15, April 12

We will need some help setting up and cleaning up...If you would like to help, please arrive at the Annex around 4:30pm. If you have any questions, please contact St. John Vianney at [stjohnvianney@rcdk.org](mailto:stjohnvianney@rcdk.org)

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ST. ANN'S ACADEMY

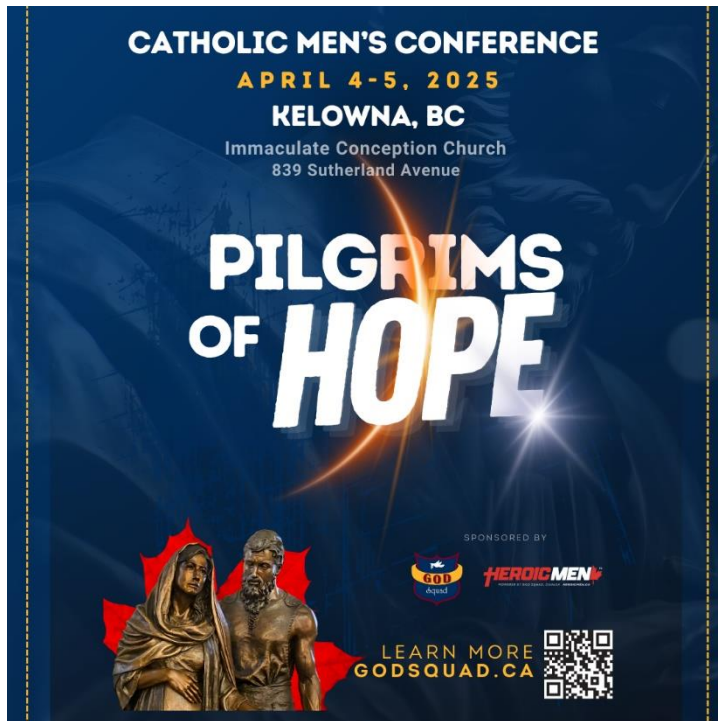
# ALUMNI HOMECOMING

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CELEBRATING 145 YEARS OF COMMUNITY  
ST. ANN'S AUDITORIUM  
MAY 2026

**MORE INFORMATION COMING SOON**

## Catholic Men's Conference



### April 4 & 5 ~ Immaculate Conception Church ~ Kelowna, BC

Join us for the Catholic Men's Conference at Immaculate Conception Church in Kelowna, BC, on April 4th and 5th. This inspiring event will feature esteemed speakers Fr. Troy Nguyen and David Paul.

#### Event Details:

- Dates: April 4 & 5
- Location: Immaculate

Conception Church, Kelowna, BC

- Start Time: Friday, April 4th at 7:00 pm
- End Time: Saturday, April 5th with closing anticipated Sunday Mass starting at 5:00 pm
- Speakers: Fr. Troy Nguyen and David Paul
- Cost: Regular Tickets: \$60, University Students: \$15
- Includes lunch on Saturday and breacktime refreshments
- Sponsored by *Heroic Men* and *God Squad Canada*

#### Registration:

To register or for more information, please visit [www.godsquad.ca](http://www.godsquad.ca) and click on '2025 Conferences' on the menu bar.

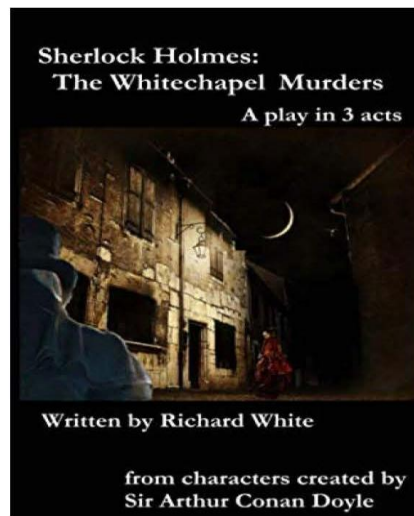
We look forward to seeing you there for a time of faith, fellowship, and inspiration!



# Save the Date

The Amazing SAA Players Present  
Sherlock Holmes and the Whitechapel Murders

May 14-16, 2025



## CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



### Catholic Independent Schools of Kamloops

#### St. Ann's Academy Kamloops, BC

##### **Temporary Part-Time Bus Driver (0.5 FTE)**

St. Ann's Academy is seeking a part-time bus driver to join a team of staff in serving the transportation needs of this K-12 school facility. This weekday position shall commence immediately. The incumbent is responsible for safely transporting students over assigned routes and for reporting any mechanical failures or accidents.

Current Job Postings can be found at [www.ciskd.ca](http://www.ciskd.ca) under the CAREERS tab:  
<https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>