

Saint James Church
2607 27 St
Vernon, BC V1T 4W1

St. Benedict's/St Theresa's
Head of the Lake Rd
Vernon, BC

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

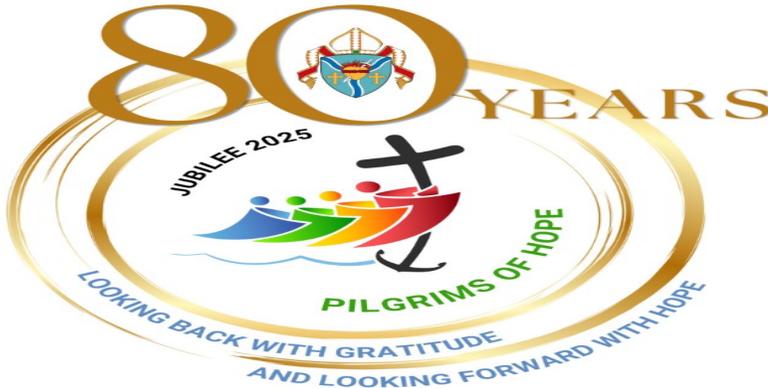
Mass Times
12:00 pm Sunday
St Benedict—1st, 3rd and 5th Sunday
St Theresa—2nd and 4th Sunday

Mass Times
10:30 am Sunday

Mass Times
5:30 pm Saturday
9:30 am Sunday

8TH SUNDAY IN ORDINARY TIME
MARCH 02, 2025

THE MONTH OF MARCH IS DEDICATED TO ST. JOSEPH



Notes/Reminder

- **Catechesis of Good Shepherd**—on-going (Jan 25-April 15)
- **Pastoral Care Training**—on-going (Feb 02-April 05)
- **FFC (Faith Formation for Children)** - on-going
- March 02—1st Sunday of the month—Food for the Poor & Jubilee Prayer
- March 02—KofC 4949—Pancake Breakfast (see detail)
- March 05—**Ash Wednesday** (see mass schedule)
- March 06—Fill the Valley—OLOV—6:00 pm
- March 07—The World Day of Prayer (see details)
- April 11—Fish Fry (Save the date)
- **April 12—MINI PILGRIMAGE—St James (details later)**

OFFICE

Telephone: 250-542-1276 www.rccv.org
Email: stjamesvernon@rcdk.org
Office Hrs. 8 am—2:pm Mon-Tues-Thurs-Fri
Closed Wednesday

St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am 4:00-4:45 pm
Eucharistic Adoration	Mon –Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

SACRAMENT OF BAPTISM

Please contact the Parish Office **at least 6 WEEKS prior** to your requested date to ensure time for your preparation.

SACRAMENT OF MARRIAGE

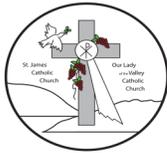
In preparation for your marriage celebration at the Catholic Church, please contact the office **at least 6 MONTHS prior** to your requested wedding date.

Pastor	Rev Fr Peter Nguyen frpeter@shaw.ca	250-542-1276
Parochial Vicar	Fr Henry Nwaimo Sacred Heart, Lumby and St Benedict/St Theresa	250-214-4060 250-547-9070
Permanent Deacon	Deacon Paul Murphy	778-212-2020 (call or text)
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



Mission Statement: United in the Eucharist to love and serve.

Vision Statement: Inspired by the Spirit to:
-know our faith and vocation
-serve the needs of others
-welcome new parishioners into our faith community
-share our excitement about Jesus

Pope Francis' Prayer Intention for March

For the families in crises—Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

MASS INTENTIONS—March 03-09

March 03	Mon	8 am SJ	Margaret (Peggy) Balfour	RIP
March 04	Tues	8 am SJ	Pro-life Against Abortion	INT
March 05	Wed	8 am SJ	Leo Hughe's children	INT
March 06	Thurs	8 am SJ	Private Intentions	INT
March 07	Fri	8 am SJ	Marcus Novel	RIP
March 08	Sat	9 am SJ	Carol Paton	INT
		5 pm SJ	Aimie Manz	INT
March 09	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7:00 pm SJ	Ruben's court case	INT

PARISH MINISTRIES

CWL (St James)	7:00 pm Tues (April 08, 2025)
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KOC (St James)	Council 4949: www.facebook.com/kofc4949
KOC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	David Evans, Deanna Johnstone, Michael Flahiff Eric Hoffbauer, Lorena Clowes
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence
Parish Pastoral Care Ministry	Contact the Parish Office

**DIOCESAN ANNIVERSARY CELEBRATION
SAVE THE DATE!**

On Sunday June 22, 2025, Bishop Joseph Nguyen invites all to a Corpus Christi Mass starting at Riverside Park Bandshell with the Eucharistic procession following Mass to Sacred Heart Cathedral, Benediction, Sacred Display and BBQ Dinner in celebration of the 80th Anniversary of the Diocese of Kamloops. More info to come!

Catholic Book Club

On March 5 we will continue our discussion of **A Concise Guide to Catholic Social Teaching** by Kevin E. McKenna. Please read chapters 4 and 5.

Meet at 9 am in the Monsignor Miles Hall in the St James church basement.

Next Sunday's Readings:

March 09, 2025

Deuteronomy 26.4-10
Ps 91.1-2, 10-11, 12-13, 14-15
(R. see 15b)
Romans 10.8-13
Luke 4.1-13



SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

8. The grace of adoration of Jesus in the Most Blessed Sacrament is given to everybody. (St. Peter Julian Eymard)

Quote from St. John Vianney

"Our greatest Cross is the fear of crosses."



Sunday Offertory - February 23

St James \$ 2,489
OLOV \$ 2,136
St Benedict \$

Thank you for your generosity.



**Mary Hoftland—94 years old
RIP - Friday, February 21st**

Mary and the late Lloyd Hoftland were a long time residence of Columbus Court up until 2022. The family would like to inform everyone that the **Funeral Service** for Mary will be on **March 15 at 2pm at St. Francis de Sales in High River, AB.** If you want the tel. no of the daughter please call the office.

**OLOV Knights of Columbus Council #12202
Bottle Drive - Chasers Bottle Depot 4702 31st Street**

The KofC Council 12202 opened an account for bottles, cans and container deposits at **Chaser Bottle Depot (by Village Green Mall).**

Please consider dropping off your empties to help our council continue to support numerous charitable events. **NO NEED** to sort the items we have the only Knights drop off account.



**Knight of Columbus 4949
Pancake Breakfast**

1st Sunday of the month—**March 02nd.** Come and join us at the **Parish Centre** after the 8:30 am mass at St James.



Jack Shore

Jack Shore joined our creator on Tuesday, February 25th. Funeral Service for Jack will be posted as soon as it becomes available.

**HOLY DOOR Mini PILGRIMAGE
AT ST. JAMES CHURCH**

**SAVE THE DATE
April 12, 2024 at 9am**

Together with St. Joseph's—Salmon Arm, Sacred Heart—Lumby, St. Joseph's—Armstrong, St. Ann's—Enderby, Our Lady of the Valley—Coldstream, St. Benedict's—Head of the Lake and all the surrounding Catholic Churches in the Diocese of Kamloops will be having a Mini Pilgrimage at St. James Church—Vernon.

Details to follow.

STATION OF THE CROSS

Please join us for Stations of the Cross will be held every Friday during Lent at 7:00 pm St. James Church. **All Are Welcome!**



Date	Ministry to lead
March 07	St. James School
March 14	Fraternus Group/Exodus 90 men
March 21	Knights of Columbus Council 4949
March 28	Knights of Columbus Council 12202
April 04	CWL—St James
April 11	CWL—OLOV
April 18	Fr. Peter



St James—mass	8:00 am
	7:00 pm
OLOV—mass	11:00 am

Confession or Communion to the homebound



If you are homebound and desiring to receive communion or the Sacrament of Reconciliation, please call the parish office at 250-542-1276 or email stjamesvernon@rcdk.org to request a visit.

THE WORLD DAY OF PRAYER

Friday, March 7th at 1:30 pm

All Saints Anglican Church
3205-27 Street, Vernon

Everybody is welcome to join!

Message by the Most Rev. William T. McGrattan, Bishop of Calgary and CCCB President, praying for the health and recovery of Pope Francis

Wednesday, February 19, 2025

As President of the Canadian Conference of Catholic Bishops (CCCB), I wish to assure the faithful of Canada that I am united with my brother Bishops in praying for the full recovery of the Holy Father, Pope Francis, as he continues to lead the Church with courage and a generosity of spirit.

I invite individuals, families, parishes, and all Catholic movements and associations in Canada to join their local Bishops in lifting up Pope Francis in their prayers and intentions.

May the Lord, through Our Lady's prayerful intercession, grant him renewed strength, health, and energy in his vocation to serve the Church as the Successor of Peter and the Vicar of Christ on earth.

19 February 2025

OLOV Mass During Lent Season

The at mass at OLOV during lent season is **every Friday at 11:00 am** followed by the Station of the Cross. All are welcome to join!

St James—Front Steps UPDATE

Dear Parishioners and Visitors!

We finally got the building permit from the City through the help of the Architect and an Engineer. We are now in the process of getting 3 quotes from contractors around and within Vernon.

I do hope and pray to get a decent quote from the trustworthy company to work on the steps. Your understanding is greatly appreciated.

Fr. Peter

Upon This Rock—Catholic Faith Study for Adults Every Wednesday from January 08th to April 16th OLOV 7-9:00 pm

In the next couple of months the focus will be on the 7 sacraments, starting with "The Sacrament of Initiation" followed by the five sessions covering the Eucharist on January 22nd to Feb 19th.

For details, reach out to Mark Langer at marklanger3@gmail.com, or call/text 250-919-8553.

Eucharistic Adoration of the Blessed Sacrament at St. James Church (9am—9pm Mon-Thurs)

Enhance your life by committing one hour a week as an adorers.

We especially need adorers for these hours.

Mon 4-5pm, Tues 3-4 pm an 4-5 pm,
Wed 2-3pm and 6-7 pm Thurs 12-1pm

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com.

Welcome to Your Faith Family!

Please register! Registering is the official way to be a part of our parish family. Registration is our formal commitments to our faith family and to take part in the Church's mission to evangelize.

Registration is also important for scheduling sacraments, attaining sponsor certificates, and getting donation statements for Income Tax purposes.

We have registration forms available at the office or go to the website!



PASTORAL CARE MINISTRY

If you are in the hospital or in the homes and are Roman Catholic, please insure you or a family member contacts the office at 250-542-1276 or email at stjamesvernon@rcdk.org to ensure that you will be visited by the Priest or the Pastoral Care Team.

CATHOLIC MEN'S CONFERENCE

April 4 & 5 - Immaculate Conception Church—Kelowna, BC
Join us for the Catholic Men's Conference!

Details:

Start Time: April 04 at 7 pm
End Time: Saturday April 05 with closing anticipated Sunday
Mass starting at 5:00 pm
Speakers: Fr. Troy Nguyen and David Paul
Cost: Regular Ticketers \$60 University Students: \$15
(Includes lunch on Saturday and breacktime refreshments)

To register—please visit www.godsquad.ca and click on '2025 Conferences' on the menu bar.



ST. JOSEPH CONTRACTING INC

1.778.212.9563

HANDYMAN | APPLIANCE INSTALLATION | RENOVATIONS
PROPERTY MAINTENANCE | BACKYARD BUILDS
FURNITURE ASSEMBLY | REPAIRS | REMODELING
MINOR ELECTRICAL | MINOR PLUMBING | STAGING

info@stjosephcontracting.ca ★ www.stjosephcontracting.ca



Come Visit the
New and Exciting
City Furniture!

- Furniture • Appliances
- Mattresses • Electronics
- Accessories

5401 Anderson Way
Between KalTire & Superstore 250-549-3121



Dr. Mark Langer
Optometrist
250.542.2239

4900 27th Street, Suite 760
Vernon, BC, V1T 7G7
mark.langer@iris.ca
fax: 1.866.875.3081

Confraternity of the Knights of St. Peter and St. Paul



Grand Chapter of
British Columbia

Grand Prior Chev.
Guenter A. Rieger

www.facebook.com/KnightsofStPeterandStPaul/
www.knightsofstpeterandstpaul.com



PLEASANT VALLEY DENTAL

Dr. Sean Bicknell D.M.D., B.Sc.(Dent.)
General, Cosmetic, and Implant Dentistry

3607 - 27th Street, Vernon, BC

250-558-4222

www.pleasantvalleydental.ca

Rieger Farms

Free Range Eggs

Guenter & Regina Rieger

www.RiegerFarms.com



Marc Fortier
Owner

4620 - 23rd Street Vernon, BC V1T 4K9
Tel: (250) 542-8191
Fax: (250) 542-8660
Cell: (250) 309-8997

- Soils & Garden Mix
 - Bark Mulches
 - Decorative Rock & Shale
 - Sand & Gravel
 - Natural Rock & Stone
 - Flagstone • Concrete
 - Pavers & Slabs
 - Retaining Wall Blocks
 - Landscaping Supplies
 - Pond Supplies
 - Outdoor Lighting
 - Delivery Available
- FREE ONSITE LOADING



CREATING 'HAPPY FEET'

Helping seniors and those with foot concerns
related to chronic health issues

Debbie Coulombe RPN ADPN PID Footcare Nurse
Mobile Footcare Nurse: 236-768-8802
Email: coulfeetio@gmail.com

Culos & Co.

Law Corporation

Robert M. Culos
Lawyer

3006 32nd Avenue
Vernon, BC V1T 2L7
vernon@culoslaw.com
Ph: 250-549-7168



RON LA ROSE
Licensed Funeral Director
vernon@cypressfuneral.ca

4417 29 Street
Vernon, BC V1T 5B7
T 250.558.0866 F 250.558.0882
cypressfuneral.ca



Fresh Sustainable Local Produce 365 days a year

3922 Hullcar Rd

Armstrong, BC V0E 1B4

Call us today 250-938-0076

On-Line order: <https://www.greenlionfarms.ca/>



2003 43rd Street
Vernon, BC, V1T 6K7
Phone: (250) 545-3215 Fax: (250) 545-2953
www.acutruss.com

Barry Schick
General Manager
Email: bschick@acutruss.com

Vernon
Kelowna
West Kelowna
Penticton
Winfield



Knights of Columbus - Free 1 Year On-Line Membership. You can enjoy the benefits of being a Knights of Columbus member including Accidental Death Benefit and the famous Columbia Magazine. Goto: www.kofo.org/joinus Promo Code: BLESSEDMCGIVNEY After joining, please check your INBOX for confirmation.

Free One Year On-Line Membership

Enjoy the benefits of being a Knights of Columbus Member.

Goto: www.kofo.org/joinus

PROMO CODE: BLESSEDMCGIVNEY

After joining online, please check your inbox for confirmation.



NICHOLAS RASQUINHA
REALTOR® | Sales Representative

250.307.6777

rasquinhanic@gmail.com

www.nicholas-homes.com

COLDWELL BANKER EXECUTIVES REALTY



Vernon & Area Pro-Life Society

Store: 250-545-0777
3102 31st Ave
Office: 250-545-5520
3105C 31st Ave

Donations - the store accepts good quality clothing, household items, books, etc.

Store hours - Monday to Saturday, 10am until 2pm

Store volunteers needed, or for \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.

Renovations

est. in 1997

"I follow your dreams"



Tom Mydlowski
(250) 470-3995

Please leave a message

LINQ Flooring

Create Your Space, Your Way.

Official Flooring Supplier to St. James Parish

Gratitude and Blessings...

Residential & Commercial Flooring

Tile | Cabinet Hardware | Quartz Countertops | Synthetic Turf

LINQFLOORING.COM

250-281-1116

VALLEY WIDE CARPENTRY LTD.

TIMOTHY RIGUEDELL
OWNER + RED SEAL CARPENTER

250.307.1810
TIM@VALLEYWIDECARPENTRY.COM

Specializing in commercial and residential renovations and additions.

www.valleywidecarpentry.com