#### Saint James Church 2607 27 St Vernon, BC V1T 4W1



Mass Times 5:00 pm Saturday 8:30 am Sunday 7:00 pm Sunday

#### St. Benedict's/St Theresa's Head of the Lake Rd Vernon, BC



Mass Times 1:00 pm Sunday (St Benedict only)

#### Our Lady of the Valley 10102 Middleton Drive Coldstream. BC



Mass Times 10:30 am Sunday

#### **Sacred Heart Church**

2202 Park Ave Lumby, BC V0E 2G0



Mass Times 5:30 pm Saturday 9:30 am Sunday

## 15th Sunday in Ordinary Time July 14, 2024

#### **Welcome to Your Faith Family!**

Please register! Registering is the official way to be a part of our parish family.

Registration is our formal commitments to our faith family and to take part in the Church's mission to evangelize. Registration is also important for scheduling sacraments, attaining sponsor certificates, and getting donation statements for Income Tax purposes.

We have registration forms available at the office or go to the website!

#### Mark your Calendar

- July 25—The Feast of St James—5:00 pm St James followed by great social faith family events (see inside for details)
- July 28—Fourth World Day for Grandparents and the Elderly
- Aug 01—Fill The Valley at OLOV 6:00 pm
- Aug 19-23—Vacation Bible School (register now)
- Nov 23—CWL Christmas Tea & Bazaar (info to follow)

# The Month of July is dedicated to The Precious Blood of Jesus.

	St James	
Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am
		4:00-4:45 pm
Eucharistic Adoration	Mon –Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am

**OFFICE** 

250-542-1276

Telephone

PARISH	MINISTRIES
CWL (St James)	7:00 pm Tues (Sept 10, Nov 12, Jan 14, April 08, 2025)
CWL (OLOV	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KOC (St James)	Council 4949: www.facebook.com/kofc4949
KOC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Garry Pielak, Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council	The formation of each parish council is in the process.

email	230-342-1270	stjamesvernon@rcdk.o	rg
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri	
	Closed	Wednesday	
Pastor	Rev Fr Peter Nguy frpeter@shaw.ca	yen 250-542-12	:76
Parochial Vicar	Fr Henry Nwaimo Sacred Heart, Lur St Benedict/St The	nby and 250-547-90	
Permanent Deacon	Deacon Paul Murj deaconservant1@		)20
Diocese Kamloops Office	635A Tranquille F Kamloops, BC V2B 3H5	Rd 250-376-33	51

www recy org

**St James School** 2700 28th Avenue Vernon, BC V1T 1V7 Melanie Inzunza — Principal (250) 542-4081 Ascend Catholic School Online www.stjamesvernon.com office@stjamesvernon.com www.rcdk.org/ascend-online-school



**Mission Statement:** United in the Eucharist to love and serve.

Vision Statement: Inspired by the Spirit to:

- -know our faith and vocation
- -serve the needs of others
- -welcome new parishioners into our faith community
- -share our excitement about Jesus

#### Pope Francis' Prayer Intention for July

For the pastoral care of the sick—We pray that the Sacrament of the Anointing of the Sick confer to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all.

Mass	Intentions	July 15-21
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July 15—Mon:	8am SJ	Wm Patrick O'Connell—⊕
July 16—Tue:	8am SJ	Dolores Greenwall—⊕
July 17—Wed:	8am SJ	Private Intention
July 18—Thurs:	8am SJ	Luke Penhall—⊕
July 19—Fri:	8am SJ	Gwen Twerden—INT
July 20—Sat	9am SJ	Charlotte & Lily—INT
	5pm SJ	BC League Life Members—INT
July 21— Sun	8:30am SJ	SJ Parish Families—INT
10	:30am OLOV	OLOV Parish Families—INT

#### **Sunday Offertory July 07**

Aida Jesus Reis—⊕

	Regular
St James	\$ 4110
OLOV	\$ 2557
St Benedict	\$ 365

7:00pm SJ

Thank you for your generosity.

#### Feast of St James July 25, 2024—5pm at St James



Come and celebrate the Feast of St James our patron saints on Thursday, July 25th at 5:00 pm at St James. Mass at 5pm followed by a great social faith family events at the parking lot: food, music, games for children. The Knight of Columbus will cook hot dogs and set-up the venue. The Filipino group will make the pansit (noodles) and empanada.

This celebration also is to welcome Fr. Henry.

The food is first come first serve and by donation.

#### THANK YOU!

I extend my heartfelt gratitude to Allan Clear, Tim Riguedell, Jude Fernando, Mark Schnyder, and especially to Doug and Valerie McFarlane for their admirable efforts in rejuvenating the Rectory's patio.

I can now reveal in the beauty of this space with renewed confidence and peace of mind.

Fr Peter Hoan Nguyen



#### Next Sunday's Readings: July 21, 2024

Jeremiah 23.1-6 Ps.23.1-3a, 3b-4, 5, 6 (*R.1*) Ephesians 2.13-18 Mark 6.30-34



#### SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

78. If we only knew the value of a Holy Hour we would never miss a single day without making one. Because the Cross is infinite in merit, there is no limit to the value of a Holy Hour! ("Letters to a brother Priest")

#### Quote from St. John Vinney

"With God's help we shall always have power over our emotions."

#### \*\*\*ANNOUNCEMENT\*\*\*

#### **Letter from the St James School Discernment Committee**

I should start by letting you know who the talented members of The St James School Discernment Committee are. Brian Monaghan, Ben Allen, Catherine L'Heureux, Justin Sharma, Jeff Routley, Melanie, Inzunza, James Lockwood, Mathew Lunde, Chris Alveberg, Father Peter, and Joel Allen. The committee has been in touch with Mike Donelson who is the CFO for the Kamloops Diocese and the representative for the Bishop with all things concerning development projects. Mike has been brought up to date with our committee's work and attended our April meeting. Mike has previous experience with building the new St John Paul 11 school in south Surrey. Mike has agreed to give guidance to our committee moving forward.

There are many hurdles to clear up when a committee embarks on a project of this magnitude. Estimates on costs for building, land development, necessary infrastructure such as sewer and water, buy in from the Bishop, suitable site for a new school, and getting the land rezoned to allow for a school. We are now at the stage of doing the groundwork necessary to have a professional feasibility study done. This involves gathering information such as,

- Enrolment study, this will provide us with an estimate of students who will attend St James School over the next 10 years.
- Case for support, this is a document that will outline the need for a new school. This is something a potential donor will want to review to give them confidence that their money will be well spent.
- Construction costs for a K to 7 single stream school in 2024 dollars
- List of potential donors.

If you feel that you are a potential donor and would like to be contacted by a member of our committee, please let Father know. Also, if you are doing your estate planning please consider The Future St James School in your process.

God Bless, Joel Allen

### Eucharistic Adoration of the Blessed Sacrament at St. James Church

Enhance your life by committing one hour a week as an adorer. Holy Eucharistic Adoration hours are 9 a.m. to 9 p.m. Monday-Thursday. Drop-in visitors are always welcome. We especially need adorers for these hours:

Monday 4-5 p.m., Tuesday 11 a.m.—12 p.m., 3-4 p.m., 5-6 p.m., Wed. 2-3 p.m. and Thursday 12-1 p.m.

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com.

#### **Blessings Among Crosses** By Deacon Frank

It was the spring of 2013, and my wife and I were returning home from a visit with our daughter and her family. While waiting for our I I put the pedal to the metal, as they say, and accelerated my speed, ferry to arrive, I noticed my wife's left calf was very swollen and red | closing the distance with the oncoming care to bypass its projected in color. I asked her about it, and she said she though she pulled a muscle. The next morning I noticed it again and, over her objections, took her to the emergency room of a local hospital known for its heart and pulmonary health expertise.

After a series of tests including an MRI, the emergency doctor's diagnosis was that my wife had a pulmonary embolism in her leg. He said to us that the embolism was only an inch away from requiring surgery that would have removed her entire leg! The gravity of the moment flooded over me an instant. You see, embolism run in my wife's family. Both her father and her brother died from a pulmonary embolism, and our son had one from a sports injury in college.

Fortunately, her doctor was highly specialized in such health matters and over the course of a year brought her back to health. But that isn't the blessing that I am referring to in the title of this story. That manifested itself during a vacation my wife and I had planned for that sum-

Shortly after the pulmonary embolism occurred, I told my wife that we should cancel our plans to visit Maine that August. My wife really wanted to go on that vacation. She said as long as we made frequent stops along the way in order to exercise her leg she would be fine. I said to her after some deliberation that we would go on the vacation on two conditions.

The first condition was that she would agree not to drive at any time during the trip. Typically, on long trips we would split the driving. She would generally drive the easiest part of the route, and I would drive the balance. The second condition was that we obtain permission to on the vacation from her doctor. She agreed, and when the time came, with the permission of her doctor, we set off for Maine.

We made it a leisurely drive with many stops along the way to Moosehead Lake. After spending three wonderful days there, we set off for Camdem, Maine, on the next leg of our vacation. It was a bright, sunny Tuesday morning. As we get into our Highlander, little did we know what would unfold within the hour.

As I was driving along a long straightaway, I noticed two cars approaching from the other direction. When we were about four hundred feet apart, the lead car in the opposite lane began to drift into my lane. The highway was a two-lane road, one in each direction, with fourfoot-deep drainage ditches on both sides of the highway. As the car's drifting became more pronounced, it was obvious that if I did not make a dramatic move, we were going to have a head-on collision and certain death.

It was then that my body's adrenaline kicked in. It was as though everything slowed in that instant. In less that split second, I had evaluated my three options. The first option was to jam on my brakes. The second was to turn into the opposite lane and travel as fast as I could to reach the apron on the opposite side of the road to avoid the second car that was traveling close behind. The third option was to hit the accelerator to pick up speed and to get as far over to the right as I could without ending up in the ditch. I can remember thoughtfully evaluating each option. The effects on the adrenaline made a splitsecond decision seem like it lasted ten seconds or more!

Braking would have resulted in a head-on collision. Turning left into an oncoming car to reach the apron on the other side of the highway posed two risks: a head-on collision with the second car and the high likelihood of driving into the ditch on the opposite side of the road, if I got past that second oncoming car. Both of these risks posed likely

fatal outcome as well. Hitting a four-foot-deep ditch travelling 70 miles or more per hour would have resulted in our Highlander flipping over several times. So I chose the third option.

path, while at the same time turning as gradually as I could to the right without tipping into the ditch. A hundred feet away, then fifty feet! It was going to be extremely close. My right side wheels were halfway off the apron with nothing but ais underneath them.

I can still recall how close we were when he passed me on the left. In fact, if time had stopped when he was right next to me, and if our windows were open, I could have reached out and grabbed his face. I thought for sure he was going to hit my rear fender, but somehow his car cleared it.

Once safely past, I turned my car back onto the highway and looked into my rearview mirror. I saw his car driving off into the ditch and then hitting a driveway with a culvert through it. His car launched into the air, reminiscent of an Evil Knievel jump! He sailed some eight feet into the air, clearing the driveway and landing in the ditch on the other side. As he landed, fenders and bumpers flew off his vehicle. After a couple hundred feet it came to a halt.

I stopped the car and told my wife to call 911 to report the accident with a message to send an ambulance. I got out of my car to see the condition of the driver, hoping that he was still alive. To my utter amazement, an elderly man staggered out of the car! I though that he must have been drunk. I approached him closely to find out if I could smell alcohol on his breath. I didn't smell any. I asked him what had happened. He said that he had a pain in his neck and then didn't recall anything after that. The man is likely had a stroke and blacked

I returned to my vehicle and told my wife what a man had said. She immediately asked me why I turned to the right and that if she were behind the wheel she would have turned to the left. When she said that, a cold chill ran down the back of my spine. I knew instantly that a turn to the left would have been fatal for both of us.

And then the Great Blessing became apparent! You see without that pulmonary embolism should have been behind the wheel that morning, for it was the easiest stretch of road that we would be traveling on that day.

I had been given a great blessing but never considered that it could be anything other than a cross—that is, until that moment. I'm sure God did not give my wife a pulmonary embolism, but He allowed it to happen, knowing the circumstances that would unfold. I think it's fair to say that one doesn't often see a great blessing made manifest in the form of a heavy cross. That day I did, and it has had a profound spiritual effect on me ever since!

Someday, if you are carrying a heavy cross, consider the possibility that there might just a hidden blessing there as well.

Source: Catholic Exchange









Dr. Mark Langer Optometrist

250.542.2239

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Donations - the store accepts good quality clothing, household items, books, etc.

Store hours - Monday to Saturday, 10am until 2pm

Store volunteers needed, or for \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.



**Knights of Columbus** St James Council 4949 Meeting Every 2nd Tuesday of the month

401-3003 Gateby Place (Columbus Court) For Info call 250-542-9229



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