

Saint James Church
2607 27 St
Vernon, BC V1T 4W1

St. Benedict's/St Theresa's
Head of the Lake Rd
Vernon, BC

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

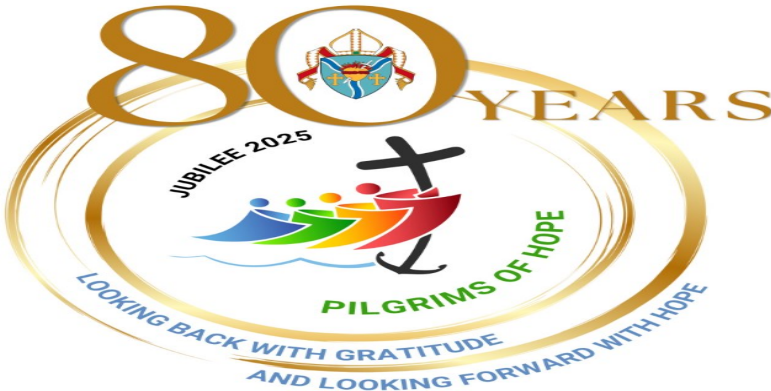
Mass Times
12:00 pm Sunday
St Benedict—1st, 3rd and 5th Sunday
St Theresa—2nd and 4th Sunday

Mass Times
10:30 am Sunday

Mass Times
5:30 pm Saturday
9:30 am Sunday

7TH SUNDAY IN ORDINARY TIME
FEBRUARY 23, 2025

THE MONTH OF FEBRUARY IS DEDICATED TO THE HOLY FAMILY



Notes/Reminder

- Catechesis of Good Shepherd—on-going (Jan 25-April 15)
- Pastoral Care Training—on-going (Feb 02-April 05)
- FFC (Faith Formation for Children) - on-going
- Feb 24—**Parish Survey—OLOV**— 6:30 pm
- Feb 25-26—Prayer and funeral for Joseph Ackerman (see details)
- Feb 27—Pre Lent Holy Hour—St James (see detail)
- March 07—The World Day of Prayer (see details)
- April 11—Fish Fry (Save the date)
- **April 12—MINI PILGRIMAGE—St James (details later)**

St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am 4:00-4:45 pm
Eucharistic Adoration	Mon –Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

OFFICE

Telephone:	250-542-1276	www.rccv.org
Email:		stjamesvernon@rcdk.org
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

SACRAMENT OF BAPTISM

Please contact the Parish Office **at least 6 WEEKS prior** to your requested date to ensure time for your preparation.

SACRAMENT OF MARRIAGE

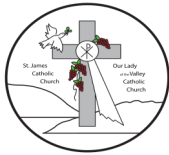
In preparation for your marriage celebration at the Catholic Church, please contact the office **at least 6 MONTHS prior** to your requested wedding date.

Pastor	Rev Fr Peter Nguyen frpeter@shaw.ca	250-542-1276
Parochial Vicar	Fr Henry Nwaimo Sacred Heart, Lumby and St Benedict/St Theresa	250-214-4060 250-547-9070
Permanent Deacon	Deacon Paul Murphy	778-212-2020 (call or text)
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



Mission Statement: United in the Eucharist to love and serve.

Vision Statement: Inspired by the Spirit to:
-know our faith and vocation
-serve the needs of others
-welcome new parishioners into our faith community
-share our excitement about Jesus

Pope Francis' Prayer Intention for February

For vocations to the priesthood and religious life—Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.

MASS INTENTIONS—Feb 24—March 02

Feb 24	Mon	8 am SJ	Private Intentions	INT
Feb 25	Tues	8 am SJ	Celine Lockert	RIP
Feb 26	Wed	8 am SJ	Ric Chaves Yulo	RIP
Feb 27	Thurs	8 am SJ	Gino Balestra	RIP
Feb 28	Fri	8 am SJ	Agatha Rundell	RIP
March 01	Sat	9 am SJ	Andrew & Anne Peti	RIP
		5 pm SJ	Mary Sigera, Vincent & Stanley Amarasinghe	RIP
March 02	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7:00 pm SJ	Norma Rosales & family	INT

PARISH MINISTRIES

CWL (St James)	7:00 pm Tues (April 08, 2025)
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KOC (St James)	Council 4949: www.facebook.com/kofc4949
KOC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	David Evans, Deanna Johnstone, Michael Flahiff Eric Hoffbauer, Lorena Clowes
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence

HOLY DOOR Mini PILGRIMAGE AT ST. JAMES CHURCH
SAVE THE DATE
April 12, 2024 at 9am

Together with St. Joseph's—Salmon Arm, Sacred Heart—Lumby, St. Joseph's—Armstrong, St. Ann's—Enderby, Our Lady of the Valley—Coldstream, St. Benedict's—Head of the Lake and all the surrounding Catholic Churches in the Diocese of Kamloops will be having a Mini Pilgrimage at St. James Church—Vernon.
Details to follow.



Next Sunday's Readings:

March 02, 2025

Sirah 27.4-7
Ps 92.1-2, 12-13, 14-15 (R.1)
1 Corinthians 15.54-58
Luke 6.39-45



SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

7. *A Holy Hour of Eucharistic Adoration is a sharing in the work of Redemption. (Archbishop Fulton Sheen)*

Quote from St. John Vianney

"To the man who give himself up to the guidance of the Holy Ghost, there seems to be no world; to the world there seems to be no God."



Sunday Offertory - February 16

Regular

St James \$ 2,947
OLOV \$ 1,385
St Benedict \$ 140

Thank you for your generosity.

Mr. Joseph Ackerman—Service

(father of Fr. Tony Ackerman)

Prayer service—Tuesday, February 25th at 7:00 pm

Funeral Mass—Wednesday, February 26th at 1:00 pm
(cremation to follow)

Both services will be at St. Joseph Church in Armstrong

2024 INCOME TAX RECEIPTS

Tax Receipts for your generous donations in 2024 are now available to pick up at the Church's foyer for the next two weeks. Please take only yours!

THE WORLD DAY OF PRAYER

Friday, March 7th at 1:30 pm

All Saints Anglican Church—3205-27 Street, Vernon
Everybody is welcome to join!

Knight of Columbus 4949 Pancake Breakfast



1st Sunday of the month—**March 02nd**. Come and join us at the **Parish Centre** after the 8:30 am mass at St James.

DIOCESAN ANNIVERSARY CELEBRATION

SAVE THE DATE!

On Sunday June 22, 2025, Bishop Joseph Nguyen invites all to a Corpus Christi Mass starting at Riverside Park Bandshell with the Eucharistic procession following Mass to Sacred Heart Cathedral, Benediction, Sacred Display and BBQ Dinner in celebration of the 80th Anniversary of the Diocese of Kamloops.

More info to come!

Catholic Book Club

On March 5 we will continue our discussion of **A Concise Guide to Catholic Social Teaching** by Kevin E. McKenna. Please read chapters 4 and 5. Meet at 9 am in the Monsignor Miles Hall in the St James church basement.

The Catholic Perspective on Wealth: A Call to Stewardship

By: Joshua Nelson

In a world where success is often equated with financial abundance, the Catholic approach to wealth presents a stark contrast. Rather than viewing wealth as an end in itself, Catholic teaching frames it as a tool for stewardship, service, and spiritual fulfillment. Christopher McMahon, CEO of Aquinas Wealth Advisors and author of [Faithful finances](#), offers valuable insights on how Catholics can align their financial decisions with their faith.

Redefining Wealth: A Catholic vs. Secular Perspective

Secular society often ties wealth to personal gratification—luxury possessions, extensive travel, and prestigious assets. Many seek fulfillment in accumulating riches, only to find themselves searching for deeper meaning. McMahon argues that this pursuit frequently leads to emptiness rather than contentment.

In contrast, the Catholic tradition emphasizes wealth as a means to provide for one's family, support those in need, and contribute to the greater good. Rather than being an end goal, financial success is viewed as an opportunity to live out one's faith through responsible management and generosity.

Financial Planning as a Moral Responsibility

Managing wealth wisely is not just a practical necessity but a moral obligation. Catholics are encouraged to plan their finances prudently to ensure stability, care for loved ones, and prepare for the future. McMahon highlights the importance of intergenerational wealth, emphasizing that parents play a crucial role in teaching their children financial responsibility and faith—driven stewardship.

A well-structured financial plan enables individuals to avoid excessive debt, invest ethically, and make charitable giving a consistent practice. Thoughtful financial decisions ensure that wealth serves a greater purpose rather than fostering materialism.

The Role of Charity and Philanthropy

Giving is a fundamental aspect of Catholic life. Inspired by Christ's call to care for "the least of these" (Mt. 25:40), Catholics are called to be generous with their resources. McMahon advised individuals to:

- Establish a Giving Plan: Allocate a set portion of income for charitable donations
- Focus on Meaningful Causes: Rather than spreading contributions thinly, identify a few impactful organizations that align with Catholic values.
- Engage Beyond Finances: Volunteering and actively supporting causes can be as valuable as monetary donations.

Investing with Moral Integrity

McMahon stresses that many Catholics unknowingly invest in companies that support practices contrary to their beliefs, such as abortion and pornography. Ethical investing allows individuals to ensure their financial resources align with their values.

Tools and financial advisors specializing in faith—based investing can help Catholics redirect their assets away from organizations that contradict their moral convictions. By making informed choices, investors can support businesses that reflect their principles.

Encouraging Financial Virtue Across Generations

Teaching financial responsibility and virtue to younger generations is essential for building a legacy of faith. McMahon suggests that families cultivate a culture of stewardship by:

1. Leading by example in responsible financial practices.
2. Encouraging generosity from an early age.
3. Prioritizing faith and service over material wealth.

By fostering these values, parents can help ensure their children develop a balanced, faith—centered approach to money.

Conclusion

Wealth, when viewed through a Catholic lens, becomes more than a personal asset—it is a responsibility and an opportunity to serve God and others. By practicing wise financial stewardship, engaging in ethical investments, and embracing charitable giving, Catholics can ensure their resources contribute to the common good.

As McMahon emphasizes, true success is not measured by accumulation but by the impact one has on others. By aligning financial decisions with faith, Catholics can build not just material wealth, but a lasting spiritual legacy as well.

Source: Catholic Exchange

Message by the Most Rev. William T. McGrattan, Bishop of Calgary and CCCB President, praying for the health and recovery of Pope Francis

Wednesday, February 19, 2025

As President of the Canadian Conference of Catholic Bishops (CCCB), I wish to assure the faithful of Canada that I am united with my brother Bishops in praying for the full recovery of the Holy Father, Pope Francis, as he continues to lead the Church with courage and a generosity of spirit.

I invite individuals, families, parishes, and all Catholic movements and associations in Canada to join their local Bishops in lifting up Pope Francis in their prayers and intentions.

May the Lord, through Our Lady's prayerful intercession, grant him renewed strength, health, and energy in his vocation to serve the Church as the Successor of Peter and the Vicar of Christ on earth.

19 February 2025

St James—Front Steps UPDATE

Dear Parishioners and Visitors!

We finally got the building permit from the City through the help of the Architect and an Engineer. We are now in the process of getting 3 quotes from contractors around and within Vernon.

I do hope and pray to get a decent quote from the trustworthy company to work on the steps. Your understanding is greatly appreciated.
Fr. Peter

Eucharistic Adoration of the Blessed Sacrament at St. James Church (9am—9pm Mon-Thurs)

Adorers needed for winter months:

Mon 4-5pm,

Wed 2-3pm and 6-7 pm

Tues 3-4 pm and 4-5 pm,

Thurs 12-1pm

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com.



Pre Lent Holy Hour

Knights of Columbus Council 4949

Knights of Columbus St. James Council 4949 invite everybody to Pre Lent Holy Hour at St. James Church on **Thursday, February 27 at 7 pm**. The theme for the Holy Hour is "In God We Trust—our journey through Lent to Easter". Deacon Paul will take us on a trust building journey in Jesus, helping us to prepare for Lent and Easter.

Please come and bring you friends.



ST. JOSEPH CONTRACTING INC

1.778.212.9563

HANDYMAN | APPLIANCE INSTALLATION | RENOVATIONS
PROPERTY MAINTENANCE | BACKYARD BUILDS
FURNITURE ASSEMBLY | REPAIRS | REMODELING
MINOR ELECTRICAL | MINOR PLUMBING | STAGING

info@stjosephcontracting.ca ★ www.stjosephcontracting.ca



*Come Visit the
New and Exciting
City Furniture!*

- Furniture • Appliances
- Mattresses • Electronics
- Accessories

5401 Anderson Way
Between KalTire & Superstore 250-549-3121



Dr. Mark Langer
Optometrist
250.542.2239

4900 27th Street, Suite 760
Vernon, BC, V1T 7G7
mark.langer@iris.ca
fax: 1.866.875.3081

Confraternity of the Knights of St. Peter and St. Paul



Grand Chapter of
British Columbia

Grand Prior Chev.
Guenter A. Rieger

www.facebook.com/KnightsofStPeterandStPaul/
www.knightsofstpeterandstpaul.com



PLEASANT VALLEY DENTAL

Dr. Sean Bicknell D.M.D., B.Sc.(Dent.)
General, Cosmetic, and Implant Dentistry

3607 - 27th Street, Vernon, BC
250-558-4222

www.pleasantvalleydental.ca

Rieger Farms

Armstrong, BC
Free Range Eggs

Guenter & Regina Rieger

www.RiegerFarms.com



Marc Fortier
Owner

4620 - 23rd Street Vernon, BC V1T 4K9
Tel: (250) 542-8191
Fax: (250) 542-8660
Cell: (250) 309-8997

- Soils & Garden Mix
 - Bark Mulches
 - Decorative Rock & Shale
 - Sand & Gravel
 - Natural Rock & Stone
 - Flagstone • Concrete
 - Pavers & Slabs
 - Retaining Wall Blocks
 - Landscaping Supplies
 - Pond Supplies
 - Outdoor Lighting
 - Delivery Available
- FREE ONSITE LOADING



CREATING 'HAPPY FEET'

Helping seniors and those with foot concerns
related to chronic health issues

Debbie Coulombe RPN ADPN PID Footcare Nurse
Mobile Footcare Nurse: 236-768-8802
Email: coulfeetio@gmail.com

Culos & Co.

Law Corporation

Robert M. Culos
Lawyer

3006 32nd Avenue
Vernon, BC V1T 2L7
vernon@culoslaw.com
Ph: 250-549-7168



RON LA ROSE
Licensed Funeral Director
vernon@cypressfuneral.ca

4417 29 Street
Vernon, BC V1T 5B7
T 250.558.0866 F 250.558.0882
cypressfuneral.ca



Fresh Sustainable Local Produce

365 days a year

3922 Hullcar Rd
Armstrong, BC V0E 1B4
Call us today 250-938-0076

On-Line order: <https://www.greenlionfarms.ca/>



2003 43rd Street
Vernon, BC, V1T 6K7
Phone: (250) 545-3215 Fax: (250) 545-2953
www.acutruss.com

Barry Schick
General Manager
Email: bschick@acutruss.com

Vernon
Kelowna
West Kelowna
Penticton
Winfield



Knights of Columbus - Free 1 Year On-Line Membership. You can enjoy the benefits of being a Knights of Columbus member including Accidental Death Benefit and the famous Columbia Magazine. Goto: www.kofo.org/joinus Promo Code: BLESSEDMCGIVNEY After joining, please check your INBOX for confirmation.

Free One Year On-Line Membership

Enjoy the benefits of being a Knights of Columbus Member.

Goto: www.kofo.org/joinus

PROMO CODE: BLESSEDMCGIVNEY

After joining online, please check your inbox for confirmation.



NICHOLAS RASQUINHA
REALTOR® | Sales Representative

250.307.6777

rasquinhanic@gmail.com

www.nicholas-homes.com



COLDWELL BANKER EXECUTIVES REALTY



Vernon & Area Pro-Life Society

Store: 250-545-0777 Office: 250-545-5520
3102 31st Ave 3105C 31st Ave

Donations - the store accepts good quality clothing, household items, books, etc.

Store hours - Monday to Saturday, 10am until 2pm

Store volunteers needed, or for \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.

Renovations

est. in 1997

"I follow your dreams"



Tom Mydlowski
(250) 470-3995

Please leave a message

LINQ Flooring

Create Your Space, Your Way.

Official Flooring Supplier to St. James Parish

Gratitude and Blessings...

Residential & Commercial Flooring
Tile | Cabinet Hardware | Quartz Countertops | Synthetic Turf

LINQFLOORING.COM

250-281-1116

SCAN FOR FREE ESTIMATE

TIMOTHY RIGUEDELL
OWNER + RED SEAL CARPENTER

250.307.1810
TIM@VALLEYWIDECARPENTRY.COM

Specializing in commercial and residential renovations and additions.

www.valleywidecarpentry.com

SERVING THE OKANAGAN VALLEY