



ROMAN CATHOLIC
DIOCESE OF KAMLOOPS

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**Weekly News and Bulletin Information from the
Chancery Office to all Parishes and Catholic Schools**

December 31, 2024

The Month of January is dedicated to the **Holy Name**.

The Holy Father's Intentions for the Month of January 2025

For the right to an education

Let us pray for migrants, refugees, and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected.

Words from our secondary patron, St. John Vianney

"The Wise Men overcame every difficulty and surmounted every obstacle, in order to follow the Star"



Holy Hour – for Vocations

Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues, Thurs. & Fri. 7:50am – 8:50am before 9 am Mass.

Wednesday 9:30 am – 9 pm and Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am – 9am Saturdays at Holy Family Parish



102. Take refuge often at the feet of Jesus...My dear ones, the Visit to the Blessed Sacrament is an extremely necessary way to conquer the devil. Therefore, go often to visit Jesus and the devil will not come out victorious against you." (St. John Bosco)



Jubilee 2025

To bring the blessings of this Jubilee Year closer to you, there are three designated churches in our diocese as pilgrimage sites, each with its own Holy Door through which the faithful may pass and receive the graces of a plenary indulgence: Sacred Heart Cathedral, Kamloops

St. James, Vernon

Sacred Heart, Williams Lake

Prayerfully visit these holy sites during the Jubilee Year and experience the richness of God's grace. This is a time for renewal, healing, and growth as disciples of Christ.

Information can be found on the Diocesan website:

<https://www.rcdk.org/jubilee2025>

Rachel's Corner

"This retreat unlocked a beautifully profound healing process that my spirit desperately needed. I had felt that I didn't belong near God because I disobeyed Him. The retreat has reminded me He wants me back with Him and no matter how far I have fallen" Testimonial

After such a life changing loss, we create our own story as far as God not wanting us near Him, when it is really the opposite. He seeks us and wants to embrace us, no matter what has happened. Join us on a Rachel's Vineyard™ Retreat and see what that is like.

www.rachelsvineyardkamloops.org

rvkamloops@yahoo.ca

250-267-5081



BC/ Yukon Catholic Women's League Literary Contest

The topic is:

**"What are the joys and rewards of being a
Catholic Women's League member"**

- 1) A 300-500 word essay, poem, or song due January 1, 2025.
(No late entries.)
- 2) Three award certificates will be given for:
 - a) Most humorous,
 - b) Most creative
 - c) Best written
- 3) You must include your full name, address and parish council.
- 4) Please send your submissions to president@bcyukoncwl.com



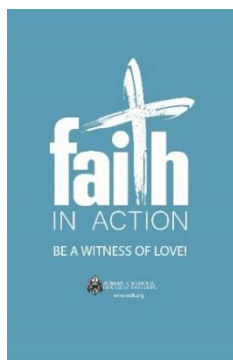
Winning certificates will be awarded at the provincial convention held in Kelowna. June 19-21, 2025

**Save the Date - The Sanctuary – Mental Health Course for Catholic:
January 18, 25 and February 4, 2025, 10 am – 11:30am**

Facilitated by Adele Huculak

How can a church become a sanctuary—a place where individuals living with mental health challenges feel safe, supported, and a sense of belonging? The Sanctuary series explores key mental health topics and examines meaningful ways to offer companionship, support recovery, and promote wellbeing. Appropriate for anyone who wants to learn about faith and mental health, it requires no previous training or expertise—just a willingness to engage in dialogue with other believers.

This course and films address difficult and sensitive topics and may not be appropriate for a young audience. It is not recommended for people ages 17 and younger. Adele Huculak, the facilitator, has a master's in clinical Mental Health Counselling and is a Registered Clinical Counsellor with the BCACC. See the preview video at <https://portal.sanctuarymentalhealth.org/the-sanctuary-course-for-catholics> Two ways to attend the three sessions: live at Sacred Heart Cathedral 255 Nicola St Kamloops OR by Zoom at home or with a group from your parish. An important theme in our times, please commit to learning more about mental health issues and being a person of faith. For more information and to register contact Kathy Dahl at (250)318-9698 kathysdahlhouse@gmail.com



Faith in Action Campaign 34 - Be a Witness of Love

Faith in Action accepts Interac E-Transfers. Simply send your e-transfer contribution to fia@rcdk.org

Faith In Action Campaign 34 Video
<https://youtu.be/XM8HXoRFvQ8>

*Save
The
Date*



ST. ANN'S ACADEMY

ALUMNI HOMECOMING

CELEBRATING 145 YEARS OF COMMUNITY
ST. ANN'S AUDITORIUM
MAY 2026

MORE INFORMATION COMING SOON

Session III – End of Life Planning
Thursday, January 9th, 1:30 pm
St. Joseph Hall, Armstrong

Session I & II were presented by Cindy Bertrand-Larson and covered exposing common fears of aging and how they impact us physically, emotionally and spiritually as we move into this new phase of our lives.

Session III will give you information on how to navigate the requirements for “End of Life Planning” with four essential topics being addressed:

1. Legal (Lawyer)
2. Funeral Requirements (Funeral Director)
3. Catholic Church Requirements/Guidelines (Rick Kirkwood)
4. MAiD (Rick Kirkwood)

There will be ample time for questions. Coffee, tea and desserts to follow. For more information, please contact Carol Stephens (250) 535-0536.



NATIONAL VISITATION OF THE RELICS OF **St. Jean de Brébeuf and of St. Kateri Tekakwitha**

Sacred Heart Cathedral, Kamloops, BC

Friday, January 17, 2025

Starting after 9 am Mass until 8 pm



MARTYRS' SHRINE



JÉSUITES
du Canada

JESUITS
of Canada

CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>